



Supporting the Science of Self-Healing

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Issue 29 BRMI E-Journal

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- Natural Immunity Vs. Artificial Immunity.
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- Biofield Frequency Bands: Definitions and Group Differences by Jens Rowold, Ph.D., and Paul D Hewson
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- Book Review: ***Tuning the Human Biofield: Healing with Vibrational Sound Therapy*** by Eileen Day McKusick
- Clinical Corner: ***The 8 Root Causes of Disease & The Path Back to Health***, Genita M. Mason H.H.P., N.C., F.E.

Dear Friend,

Welcome to our 29th BRMI E-Journal.

We are pleased to announce that the BRMI conference/workshop in Scottsdale, AZ was a sold-out event and a wonderful experience of participants connecting and sharing information. The presentations, the venue, the vendors were all superb. Many of the presentations and several interviews were filmed and will be uploaded to our website soon, so stay tuned. We were also blessed with sound therapist [Moira Lo Bianco](#), who generously donated her time and expertise in allowing participants to experience sound therapy throughout the weekend. We were also gifted

with several vendors who demonstrated unique diagnostic and therapeutic equipment. [Wolfgang Hass](#) presented the [Neeruja Platform](#), Michael Kessler presented Heart Rate Variability with [HeartQuest](#) software, [Mike Broadwell](#) presented [SolaraGem](#) and [Pure Aqua](#) water purification system, [Dr. Marty Monahan](#) exhibited the [SonRidge Health and Healing Center](#), Jenni Miele presented [Weber Laser Systems](#), and [Kelly Kennedy](#) demonstrated [FLOWpresso](#) lymphatic drainage system. It was truly a magnificent and inspiring hands on experience for all.

However, a very sad occurrence did happen. [Dr. Ralf Oettmeier, MD](#), Medical Director of the [Alpstein Clinic](#) in Switzerland, one of our presenters and Board Advisors, was prevented from entering the United States by the Department of Homeland Security upon his arrival in Minneapolis. Even though he was told he possessed all the necessary documents during departure in Zurich and had a negative COVID test, he was not allowed to enter the US to attend our conference. Bear in mind that Dr. Oettmeier is a citizen of Switzerland, a neutral country, and had a return ticket booked for the next week. He has been to the US several other times and was again traveling in the US on business only for the weekend to present at our medical conference. He was interrogated and given no clear explanation as to why he was not allowed to enter the US. This is despotism and tyranny! Here the US has practically open borders to the south, but Homeland Security prevents a Swiss medical doctor from presenting at a weekend conference! It is beyond shameful what is occurring in the US, Canada, Australia, and many European countries. Dr. Oettmeier is one of the kindest and compassionate humans on the planet and took this unfortunate occurrence with grace and poise. Upon returning to Switzerland, he Skyped his presentations to our conference attendees. BRMI is eternally grateful to Dr. Oettmeier for his dedication and passion for Bioregulatory Medicine and our Institute and greatly admire his fortitude and perseverance in the face of this unjustified despotism.

Because BRMI is a non-commercial, non-profit institute, this empowers us to present uncensored, open forum information and referenced commentaries, and in turn, enlighten our viewers to more than one medical viewpoint. Even though there is an unprecedented amount of medical and scientific censorship throughout mainstream and social media, together with the political overreach of our medical freedoms, there is still an abundance of free information available today. As always, we all should do our due diligence to research medical topics by looking at all sides of the issue and not one narrative. Amid the ongoing censorship, we at BRMI are committed to creating an open unbiased news forum in which our readers may stay informed on different topics and have posted a [News Section](#) which features numerous videos and articles on current topics related to virology, immunology, epidemiology, and preventive bioregulatory health. If there is newsworthy information relevant to 'the science of self-healing' that you would like to share, please [contact me](#).

We are grateful for all our readers' support and comments and invite research articles to be submitted for our website. Our website - database - includes basic tenets, principles of practice, history and biographies of important contributors, a wide selective description of diagnostic and therapeutic practices, videos from around the globe, hundreds of evidence-based articles on varied health-related subjects, current news, and a pathfinder to sister organizations. One of my favorite English romantic poets William Wordsworth wrote this sonnet in 1807 describing the disconnection of humankind and nature:

*The world is too much with us; late and soon,
Getting and spending, we lay waste our powers;
Little we see in Nature that is ours;
We have given our hearts away, a sordid boon!
This Sea that bares her bosom to the moon.
The winds that will be howling at all hours,
And are up-gathered now like sleeping flowers.
For this, for everything, we are out of tune;
It moves us not. Great God! I'd rather be
A Pagan suckled in a creed outworn;
So might I, standing on this pleasant lea,*

Have glimpses that would make me less forlorn;

Have sight of Proteus rising from the sea;

Or hear old Triton blow his wreathèd horn.

Our technocratic society being out of tune with nature is ever more exponentially evident now than it was in Wordsworth's time. This is why BRMI is committed to bringing the miraculous therapeutic world of nature and self-healing back into our lives. A stark example of disconnect with nature has occurred in the field of immunology with the misguided and false claims that artificial immunity through inoculation is superior to natural immunity. Honestly, it should not be necessary to discuss the superiority of natural immunity over "vaccine" immunity, but unfortunately, it has become so due to the many false claims from the pharmaceutical industry that claim artificial immunity is more effective.

Furthermore, it is now officially recommended, even mandated, to inoculate people who have already been infected with SARS CoV-2 coronavirus and exhibit natural antibodies. This is particularly disturbing being that the inoculation can interfere with or compromise the neutralizing antibodies from a previous infection. In immunology, it has long been observed that natural immunity is stronger and more permanent than artificial immunity. For example, survivors of the 2003 SARS-CoV have cellular immune memory more than 17 years after infection. "Infection beats injection" has been a common adage. Sure, one would rather not be infected, but when it comes to immunity, it is always stronger for those who become infected with a particular pathogen than for those who receive an artificial injection. Thus, it is no surprise that research continues to verify the predictable superiority of natural immunity over artificial immunity.^{1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12}

Natural immunity to Covid-19 (i.e., obtained after natural infection with the virus) is therefore certainly robust and durable. Work on post- "vaccination" immunity is mainly concerned with so-called "neutralizing" antibodies in vitro. The levels of these antibodies are not an accurate correlate of protection because studies often find initially higher levels of antibodies after vaccination than after infection. However, because these artificially induced antibodies often quickly diminish, reinfections are much more frequent in inoculated Covid patients than in convalescents. Thus, we see "breakthrough infections." Protection against Covid-19 rather depends on immune memory (due to memory T and B cells that persist long after infection) and are demonstrated to be of better quality than that conferred by "vaccines." Additionally, inoculation of convalescent subjects is risky. More systemic adverse events are observed in convalescent subjects than in subjects after the first dose of "vaccine." Not to mention the hundreds of thousands worldwide (if not millions) that have suffered severe vaccine reactions and the tens of thousands of deaths reported post-inoculation.

These inoculations can also decrease the ability to respond to future variants. It could have a non-specific effect of remodeling the innate immune response by decreasing the potential response to other viruses or to cancers and by adversely modifying the course of inflammatory and autoimmune diseases. Many cancers and recurrence of autoimmune diseases are now being reported post-inoculation.

The plummeting immune response among inoculated participants means that fatalities from cancer and common infections such as winter colds and flu are set to skyrocket over the next 6 months. This is because when vaccine titers drop this opens the risk of developing antibody-dependent enhancement (ADE), also called pathogenic priming. ADE occurs when the antibodies generated during an immune response to a vaccine recognize and bind to a pathogen (virus), but they are unable to prevent infection. Instead, these antibodies act like a "Trojan horse", allowing the pathogen to enter the organs and cells and severely exacerbating the immune response. This causes a "cytokine storm" of systemic inflammation. Thus, what is coming is a global wave of deaths from cancer and from common infections due to ADE that will overwhelm hospitals in early 2022. Unfortunately, this subject, though critically important, is beyond the intended scope of this E-Journal introduction but does not stop here. So, I will move on and leave you with references below.

Articles, videos, podcast, and book reviews of this E-Journal edition are focused on current health affairs and include:

- Featured articles in this E-Journal:
 - [*Think Zinc for Immune Health*](#) by James Odell, OMD, ND, L.Ac.;
 - [*3 Powerful Factors to Consider When Building Healthy Hydration*](#) by Dr. Aric Cox, DC.
 - [*Biofield Frequency Bands: Definitions and Group Differences*](#) by Jens Rowold, PhD, and Paul D Hewson.
- Featured Videos:

[UVC The Sterilization of Planet Earth](#), Part One by Dane Wigington of Geoengineering Watch.

[Graphene Oxide Interactions with Innate Immune Cells](#) by Professor Bengt Fadeel, MD, Ph.D.,
ATS

Featured Podcast:

[Sound Therapy: Harnessing the Power of Sound to Regulate the Body, Mind, and Spirit](#), Moira Lo Bianco

Featured book review recommendation:

[Tuning the Human Biofield: Healing with Vibrational Sound Therapy](#) by Eileen Day McKusick, who was a BRMI Podcast guest.

Featured in our Clinical Corner:

[The 8 Root Causes of Disease & The Path Back to Health](#) by Genita M. Mason H.H.P., N.C., F.E.

We are delighted to have added two new [BRMI Board Advisors](#):

[Sargent Goodchild](#), owner of [Active Healing](#) in Beverly MA, and practitioner of Neurological Reorganization, a movement-based therapy that targets foundational areas of the brain to organize and integrate functions not addressed by other interventions. Sarge has presented at two BRMI conferences and shares with us his expertise and knowledge in treating autism, learning disabilities, and attachment and bonding disorders.

[Robert Milisen](#), NMD, whose practice, [Toxigone](#), is in Prescott, Az., has been studying and practicing in Naturopathic Medicine, European Biological Regulatory Medicine, and Integrative and Environmental Medicine, for a combined 20 years. He taught neural therapy at our recent Scottsdale conference.

Please stay tuned to the ongoing weekly [BRMI podcasts](#) hosted by Dr. Sharon Stills, NMD. Dr. Stills has now completed over 55 exciting and informative podcast interviews.

If you have not signed up to receive our free E-journal, we invite you to do so. We hope you benefit from our varied resources. Comments and submissions to our e-Journal are always welcome and appreciated.

We maintain an active YouTube channel [Facebook](#) page, [LinkedIn](#), [Instagram](#), and [GAB](#) and post evidence-based articles and news events daily. Feel free to interact with us via social media - or contact me directly at jpmmodell@brmi.online.

We thank you for your interest in BioRegulatory medicine.

James Odell, ND, OMD, L.Ac.
BRMI Executive/Medical Director
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As with any healthcare newsletter, the information in the BRMI e-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care.

The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI e-Journal.

Optimizing Clinical Skills and Knowledge Workshop and Conference Scottsdale, Arizona



It has been too long since we have had the chance to be together! We appreciate all of you who took the leap of faith with us to attend our workshop/conference. Though the world is in turmoil, this picture captures it best..."it's a beautiful day to be alive." [Click here](#) to see a gallery of our time together and our amazing speaker, BRMI advisor, and friend Ian Kennedy who gave his perspective on our collective experience.



Think Zinc for Immune Health

James Odell, OMD, ND, L.Ac.

Zinc (Zn), the second most abundant trace metal in the human body after iron, is essential for multiple cellular functions including maintenance of immune health. Zn plays pivotal roles in cellular integrity and biological functions related to cell division, growth...

[Read more>>](#)

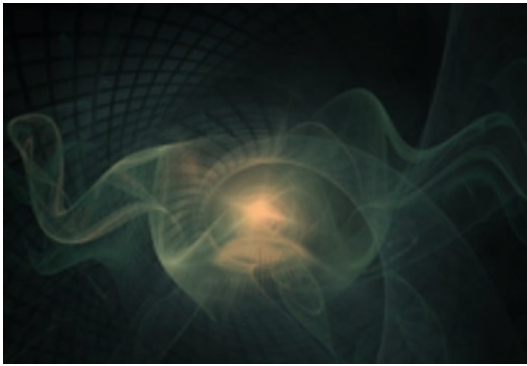
3 Powerful Factors To Consider When Building Healthy Hydration

Aric D. Cox, DC

The maintenance of healthy hydration is a complex process. However, hydrating our body for health and healing is simple. There is a sophistication bias in healthcare that makes both patient and practitioner lean toward the more involved, state of the art, and most advanced treatments.

[Read more>>](#)





Biofield Frequency Bands: Definitions and Group Differences

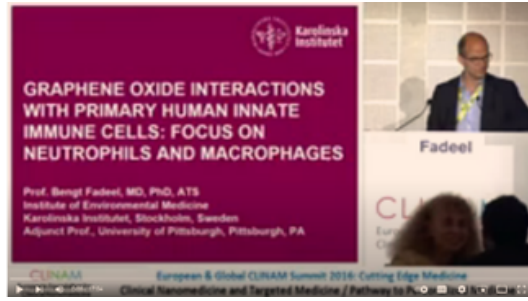
Jens Rowold, Ph.D., and Paul D Hewson

While the current neuroscientific paradigm focuses on the brain as the primary source of cognitive experiences, the potential importance of body parts other than the brain may help our understanding of spiritual (and other psychological or cognitive) subjective experiences.

[Read more>>](#)



Earth's life preserving ozone layer is deteriorating at blinding speed, covert climate engineering operations are the single greatest causal factor. If this destruction is allowed to continue unabated, the total collapse of the ozone layer will soon determine our collective fate. UVC radiation is reaching the surface of the planet exposing us to the DNA damaging spectrum of solar radiation.



Graphene Oxide Interactions with Innate Immune Cells; Neutrophil Biodegradation and Inflammasome Activation
Prof. Dr. Bengt Fadeel, Research group leader, Nanosafety & Nanomedicine Laboratory, Division of Molecular Toxicology, Institute of Environmental Medicine, Karolinska Institutet, Stockholm, (S) Immunogenicity Toxicity and Safety of Nanoparticles.

The Science of Self-Healing Hosted by Dr. Sharon Stills With Special Guest Moira Lo Bianco

THE SCIENCE OF SELF HEALING WITH DR. SHARON STILLS
Podcast #54 - Sound Therapy: Harnessing the P...

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Check out the other amazing podcasts!

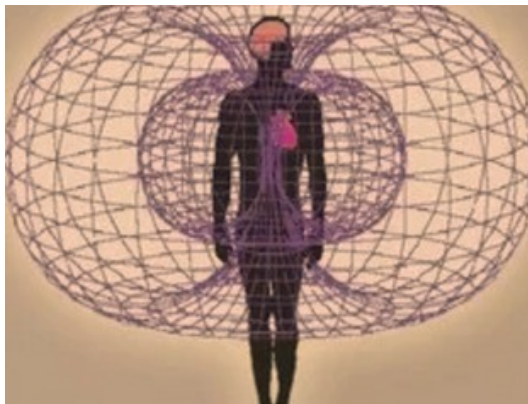
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Recommended Book:

Tuning the Human Biofield: Healing with Vibrational Sound Therapy

Eileen Day McKusick

In this book, author Eileen Day McKusick explains the complete practice of Sound Balancing and provides illustrations of her Biofield Anatomy Map. She details how to use tuning forks to find and clear pain and trauma stored in the biofield. She reveals how the traditional principles and locations of the chakras correspond directly with her biofield discoveries.



Clinical Corner: The 8 Root Causes of Disease & The Path Back to Health

Genita M. Mason H.H.P., N.C., F.E.

When you ask yourself “why are there all these epidemic diseases today when they were rarely heard of or non-existent 50 years ago?” The answer is oxidative stress. We suffer malnutrition and dehydration (bottled water does not properly hydrate you) in a time that we need **more** nutrition and hydration to metabolize and move toxins out...

[Read more>>](#)

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BRMI is a non-profit Greenhouse Initiative of the Marion Institute, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

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