



July 1, 2024

Issue 45 BRMI E-Journal

Featured Articles:

- *The Devastating Effects of Fluoride Toxicity* | James Odell
- *Clove: An Ancient Spice with Modern Medicinal Benefits* | James Odell
- *The Unexpected Connection Between Oral Microbes and Systemic Illnesses* | James Odell

Clinical Corner:

- *Your Pet's Bad Breath Could Indicate a Life-Threatening Condition* | Marlene Siegel, DVM
- *Before You Floss Again, Read This First!* | Jennifer Margulis, PhD
- *Healthy Body, Healthy Mind, Healthy Spirit* | Mark Siegel

Resources for Parents:

- *Taking a Child With Autism to the Dentist: A Detailed Guide* | Joanna McGowan
- *Dental Surgery for a Child With Autism* | Joanna McGowan

Featured Pioneer:

- Weston A. Price

Book Recommendations:

*The Fluoride Deception* | Christopher Bryson

*The Mouth Body Connection* | Gerry Curatola, DDS

Video Recommendations:

Evidence of Harm | *Visual Demonstration of Toxic Mercury Vapors Generated During a Dental Amalgam Filling Removal*

The Role of the Oral Microbiome in Bioregulation and Longevity | *Gerry Curatola, DDS*

Featured Podcast:

Got Anxiety? Try These Natural Remedies

## Supporting the Science of Self-Healing

Dear Friend, Welcome to our 45th BRMI E-Journal! Summertime has arrived, and with it, America's celebration of Independence Day. Unfortunately, ongoing censorship by social and mainstream media platforms continues to erode our constitutional right to free speech. As a result, many Americans still accept the official narratives provided by government health spokespeople and mainstream media regarding the COVID response, despite mounting evidence to the contrary.

### **False Narratives Revealed**

Over time, false assumptions, flawed science, and outright lies have been accepted as facts by the public, complicating efforts to have open discussions on critical issues.

Fortunately, many of the false narratives now have been proven deceptive because of the closed-door congressional testimony of Dr. Fauci and former NIH head, Dr. Francis Collins. The pair, who force-fed the public the idea that the Wuhan lab leak was a conspiracy theory, and discredited The Great Barrington Declaration, finally admitted to the truth and what many of us already knew.

In addition, their testimony confirmed that there was no science behind social distancing, the 6-foot policy, and the mask mandates - particularly in young children. Next, the so-called COVID-19 vaccine as safe and effective also played out as false. In actuality, it should be viewed more as a bioweapon than a medicine. In fact, the latest Rasmussen Report found that 53% of American adults believe it is likely, or *very likely* that the side effects of the COVID-19 vaccines have caused a significant number of unexplained deaths.

Lastly, the mRNA vaccine technology used against a circulating coronavirus is a new, never-before-used approach and method. Proper safety testing and an understanding of what happens when you repeatedly inject billions are

unknown. Why? Well because it was an emergency we were told... "We just didn't Phaaasvte Is tsimuees."

### **Changing Definition of a Vaccine**

Soon after the rollout, the CDC removed the term 'immunity' from the definition of a vaccine. A vaccine, by definition, is supposed to give you immunity against the disease it's intended for.

Were the government incentivized protocols instituted in 2020 designed to inflate COVID numbers and death statistics?

- Hospitals were incentivized to identify a patient as "COVID."
- Hospitals were incentivized to put patients on ventilators.
- Hospitals were incentivized to prescribe Remdesivir.
- And hospitals were further incentivized when patients died from "COVID."

*(Link to source)*

### **LESS Immunity From the COVID-19 Vaccines**

Data from [Pfizer's September 17, 2021 FDA briefing doc](#) demonstrated that the COVID-19 mRNA injections not only do not prevent infection but increase your risk for developing COVID-19 disease (not decrease). The claim that the COVID-19 mRNA injections increase the risk of COVID-19 disease was again affirmed by a study of 51,000 employees conducted by the Cleveland Clinic.

### **Increased Harm from the COVID-19 Vaccines**

On August 31, 2023, roughly two weeks before the latest COVID booster recommendation by FDA/CDC/ACIP, independent researchers published an

online, open-access analysis announcing “ *...it is possible to distinguish, by tryptic digestion, followed by mass spectrometry analysis, synthetic spike proteins originated from the translation of the mRNA vaccines from natural spike circulating in biological fluids*”

#### **Lingering Spike Proteins**

In other words, the researchers devised a method to determine how long the synthetic spike protein created by mRNA vaccines was present in the human body of vaccinated individuals. They write, “

*The specific PP-Spike fragment was found in 50% of the biological samples analyzed, and its presence was independent of the SARS CoV-2 IgG antibody titer. The minimum and maximum time at which PP-Spike was detected after vaccination was 69 and 187 days, respectively.”*

### **An Integration of Spike Proteins into Human Cells**

The authors of that August 2023 suggested that the spike protein may be integrating into the human cells. A similar, and in ways more detailed, warning was just given by well-respected cancer genomics researcher at the University of South Carolina, Phillip Buckhaults, Ph.D., during his recent testimony in front of the South Carolina Senate Medical Affairs Committee which he stated, among other things, that:

*The Pfizer mRNA vaccine is contaminated with the plasmid DNA vector that was used as the template for in vitro transcription reaction.*

*This DNA could cause rare but serious side effects like death from cardiac arrest.*

*The DNA can and likely will be integrated into the genomes of transfected cells.*

*There is a very real hazard for genome modification of long-lived somatic cells, which could cause sustained autoimmune attacks towards that tissue.*

*There is also a theoretical risk of future cancer, depending on the piece of DNA and site of integration.*

## **A Plea to Halt the Further Use of COVID-19 mRNA Vaccines**

Florida State Surgeon General Dr. Joseph A. Ladapo has joined several other outspoken doctors and scientists in calling for a halt in the use of COVID-19 mRNA vaccines, citing DNA contamination.

## **The “Science” Was Lacking Science**

In short, social distancing, lockdowns, masking, and forced inoculation mandates all lack the science that was promised from the start. Instead, these mandates have each created their own, individual tornado of collateral damage.

## **Not Surprisingly More Recommend COVID-19 “vaccines” with No Safety Data**

The U.S. Centers for Disease Control and Prevention (CDC) on June 27 recommended forthcoming COVID-19 vaccines for virtually all Americans. “CDC recommends everyone ages 6 months and older receive an updated 2024-2025 COVID-19 vaccine to protect against the potentially serious outcomes of COVID-19 this fall and winter whether or not they have ever previously been vaccinated with a COVID-19 vaccine,” the agency said in a statement. U.S. Food and Drug Administration officials, acting on advice from their advisers, recently directed vaccine manufacturers to produce COVID-19 vaccines with updated formulations. Updated vaccines from Pfizer and Moderna will allegedly target the KP.2 variant, while an updated shot from Novavax will allegedly target the JN.1 variant. CDC advisers unanimously advised the CDC to recommend the forthcoming vaccines to virtually all Americans, even though no clinical efficacy or safety data are available for them.

## **BRMI Was Ahead of the Curve**

We at BRMI have stayed ahead of the lies. Back in June 2020, we reported on gain-of-function research funded by The National Institute of Allergy and Infectious Diseases (NIAID), under Anthony Fauci’s leadership, in our article entitled [Gain-of-Function Studies and SARS-CoV-2 Virus \(COVID-19\) Emergence](#). In February of 2022, we reported on [Oxygen Deprivation Syndrome](#) from masking. Because of the disastrous consequences of vaccinating the world with an experimental, unproven, poorly tested vaccine that didn’t stop transmission and whose safety profile showed evidence of harm, BRMI created a webpage devoted to [vaccine information](#).

## **We Need to Continue to Question the Narrative**

With rapid technological advancements in surveillance and financial threats upon us (social credit scores, CBDCs, global biometrics) as well as a new WHO pandemic treaty and international health regulations in the works, we must critically investigate, openly discuss, and continue to question this psychological programming.

## **Let’s Not Repeat the COVID Era**

Only through continued public debate, open uncensored investigation, and rebalancing of the dangerously broad, top-heavy distribution of power in government, can we rise above the disastrous consequences of the “plandemic” lies and establish that the COVID era must never be repeated.

## **The Focus of This Month's E-Journal is Bioregulatory Dentistry!**

If you're curious about "bioregulatory dentistry," this edition of our E-Journal has a plethora of information! A significant aspect of bioregulatory medicine is the intricate connection between oral health and overall health. The mouth often serves as a pivotal nexus, influencing or contributing to various diseases and ailments. For example, periodontal disease can trigger inflammation throughout the body, root canals inherently leave behind dead tissue and have been linked to chronic illnesses, and "silver" fillings are frequently a major source of heavy metal toxicity. We have recently connected with the IABDM and will be adding a dentistry section to our website to help show the interconnectedness of medicine and dentistry. To explore this fascinating topic further, read our free articles in this E- Journal and don't miss Dr. Gerry Curatola's presentation at our virtual symposium!

## **A New Pioneer of Bioregulatory Medicine**

We have added another pioneer of Bioregulatory Medicine to our [Pioneer's Page](#) on the BRMI website –

[Dr. Weston A. Price](#) We are delighted to feature Dr. Weston Price who was a dental pioneer and nutritional researcher who has been called the “Charles Darwin of Nutrition.” He is primarily known for his theories on the relationship between nutrition, dental health, and physical health. He championed the Focal Theory of Disease and showed the relationship between nutrition and dental health. Dr. Price showed us that throughout the world, wherever indigenous and traditional people groups were consuming unadulterated, whole foods, their health was markedly better than that of modernized Westerners consuming an increasingly industrialized diet (what he called “the foods of modern commerce”). View his biography [here](#).

## **Remembering Heidi Sullivan**

In remembering Heidi Sullivan, we reflect on one of her greatest gifts: her ability to bring ideas and experiences to life. To honor Heidi, and continue her legacy, we enlisted Jennifer Margulis. Jennifer Margulis, Ph.D., is an award-winning science journalist, Fulbright grantee, and sought-after speaker. You may recognize her work from her regular contributions to our E-Journals. Jennifer provides crucial support, helping others express their stories and communicate important information. Her mentorship and assistance are key to bringing experiences and knowledge to life that might otherwise remain untold. In this edition of our E-Journal and on our website, you will find two articles by Joanna McGowan that were revised with Jennifer Margulis' expertise. These resources contain essential information to help parents with autistic children facing the challenges of dental issues. With donations, we hope to expand our ability to continue this amazing award.

## **We Offer an Abundance of Resources on Our Website**

Our [News Section](#) includes an abundant resource of recent articles and videos from around the world on topics related to immunology, epidemiology, legal and medical freedom, and preventive bioregulatory health. As our viewing audience is exponentially growing, we greatly appreciate all the positive responses, such as liking and sharing with us on social media platforms. Our website daily develops and evolves as an extensive database and open forum of uncensored, evidence-based information. If there is newsworthy information relevant to ‘the science of self-healing’ that you would like to share, please [contact me](#).

## **Have You Listened to the Science of Self-Healing Podcast?**

We hope you have been tuning into my biweekly FREE podcast, “*The Science*

of Self-Healing". If you are looking for ways to improve your health, our episode offer science-based practical advice in about 20 minutes. All our earlier episodes are archived on our website [here](#). Try us if you haven't already!

### **Are You Signed up for Our Free E-Journal?**

If you have not signed up to receive our [free E-Journal](#), we invite you to do so. We hope you benefit from our varied resources. Comments and submissions to our E-Journal are always welcome and appreciated.

### **Look for Us on Social Media!**

We maintain an active Facebook page, LinkedIn, and Instagram and post evidence-based articles and news events often. Feel free to interact with us via social media - or contact me directly at [jpmmodell@brmi.online](mailto:jpmmodell@brmi.online). We thank you for your interest in Bioregulatory Medicine. Be well,  
James Odell, ND, OMD, LAc BRMI Executive/Medical Director [jpmmodell@brmi.online](mailto:jpmmodell@brmi.online)

*As with any healthcare newsletter, the information in the BRMI E-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI E-Journal.*



### **The Devastating Effects of Fluoride Toxicity**

James Odell, OMD, ND, LAc

Fluoride is the ionic form of fluorine, the thirteenth most abundant element in the earth's crust. It is released into the environment naturally in both water and air. Fluoride gradually accumulates in the environment from volcanic emissions, dissolution of minerals, and industrial byproducts.

[Read more>>](#)

### **Clove: An Ancient Spice with Modern Medicinal Benefits**

James Odell, OMD, ND, LAc

Clove is one of the most ancient and valuable spices of the Orient, with its origin as old as the first century, before Christ. In India, it is used in almost all spicy dishes. It has been used as a spice and fragrance for more than 2,000 years in China.

[Read more>>](#)







## **The Unexpected Connection Between Oral Microbes and Systemic Illnesses**

James Odell, OMD, ND, LAc

The oral microbial ecosystem, better known as the oral microbiome, is particularly important and vital to maintaining both oral and overall health in the body. Salivary flow and biofilms on the teeth and soft tissue maintain microbial equilibrium within the oral cavity and protect pathogens from manifesting and growing.

[Read more>>](#)

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## CLINICIANS' CORNER

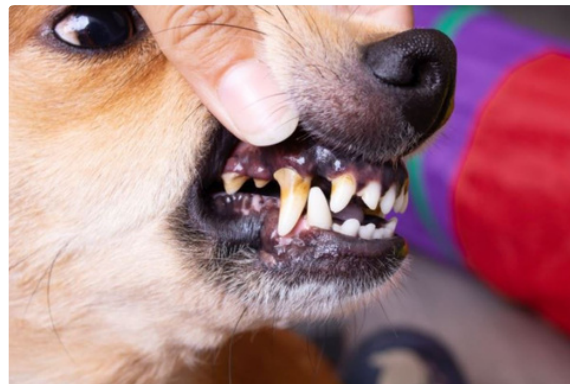
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### **Could Your Pet's Bad Breath Be a Warning Sign of a Life-Threatening Condition?**

Marlene Siegel, DVM

Even if your dog's teeth look pearly white and clean, studies show that 80-90% of dogs over the age of three have some component of periodontal disease (gum disease that affects the teeth and the structures that hold the teeth in place).

[Read more>>](#)



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## FEATURED PODCAST

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### **Before You Floss Again, Read This First**

Jennifer Margulis, PhD

When you floss, you separate the delicate connections between your gums and the teeth. Aggressive flossing disconnects the gums from the teeth, which can actually cause gum recession. Flossing too roughly or too often can also cause excess gum irritation.

[Read more>>](#)

### **Healthy Body, Healthy Mind, Healthy Spirit**

Mark Siegel

The key factor in creating and maintaining harmony between body, mind, and spirit is ~~your mindset~~. One of the most effective ways to change your mindset and reshape your thoughts and habits is through a combination of Hypnosis, NLP (Neuro-Linguistic Programming), and Coaching.

[Read more>>](#)





## WATCH OUR FREE ON-DEMAND SYMPOSIUM



BRMI'S  
VIRTUAL  
SYMPOSIUM

Elevate Your Health This Summer!  
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Medical & Executive  
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Co-Host Dr. Tia Trivisonno  
BRMI Advisor and  
Naturopathic Doctor

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Last month we released our first virtual on-demand symposium. These cutting-edge, innovative presentations cover a wide range of information that you will want to make sure to watch!

[Watch here>>](#)

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## RESOURCES FOR PARENTS

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### **Taking a Child with Autism to the Dentist: A Detailed Guide**

By Joanna McGowan  
Sponsored by BRMI in collaboration with  
Jennifer Margulis

Every family affected by autism faces taking a child with autism to the dentist at some point. If your child is on the spectrum, teeth are likely an issue.

[Read more>>](#)

By Joanna McGowan Sponsored by BRMI in collaboration with Jennifer Margulis

**Dental Surgery for a Child With Autism.**

Before we dive into this subject, it's worth noting that dental health can be especially challenging for those with autism.

[Read more>>](#)



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## FEATURED PIONEER

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Weston Andrew Valleau Price was a dental pioneer and nutritional researcher who has been called the “Charles Darwin of Nutrition.” He is primarily known for his theories on the relationship between nutrition, dental health, and physical health. He founded the research institute National Dental Association, which became the research section of the American Dental Association and was the NDA's chairman from 1914 to 1928.

In researching his life, we have found primary source information that has not been previously published.

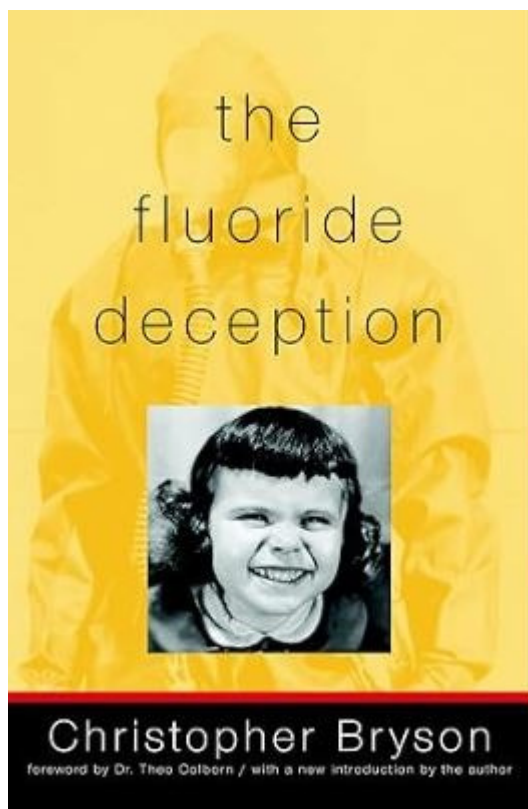
[Read more>>](#)

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## BOOK REVIEWS

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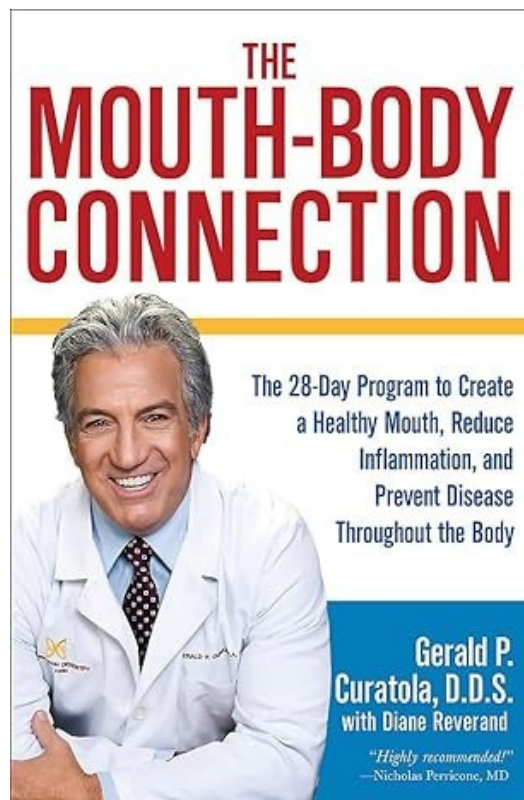


### **Book Review: The Fluoride Deception**

Author Christopher Bryson | Review by  
The Bioregulatory Medicine Institute

Christopher Bryson's "The Fluoride Deception" is a meticulously researched and eye-opening exposé, encompassing 10 years of research, challenging the widely accepted narrative surrounding fluoride's safety and efficacy. Through extensive interviews, archival research, and scientific analysis, Bryson uncovers a troubling history of collusion between industry, government, and scientific institutions to promote fluoride as a beneficial substance while suppressing evidence of its potential harm.

[Read more>>](#)



### **Book Review: The Mouth-Body Connection**

Author Gerald P. Curatola, DDS | Review  
by The Bioregulatory Medicine Institute

The Mouth-Body Connection by Dr. Gerry Curatola, DDS, is a "must-read" for anyone interested in the link between oral health and overall wellness. This informative book challenges conventional wisdom by exploring how the mouth serves as both a gateway and a mirror to our body's health.

Dr. Curatola, an oral health expert and wellness pioneer (and also a BRMI advisor), presents an incredibly compelling case for changing the way we view and manage our oral microbiome.

[Read more>>](#)

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## VIDEO RECOMMENDATIONS

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### **The Role of the Oral Microbiome in Bioregulation and Longevity | Gerry Curatola, DDS**

The Mouth-Body Connection by Dr. Gerry Curatola, DDS, is a “must-read” for anyone interested in the link between oral health and overall wellness. This informative book challenges conventional wisdom by exploring how the mouth serves as both a gateway and a mirror to our body's health.

Dr. Curatola, an oral health expert and wellness pioneer (and also a BRMI advisor), presents an incredibly compelling case for changing the way we view and manage our oral microbiome.

[Watch here >>](#)



### **Visual Demonstration of Toxic Mercury Vapors Generated During a Dental Amalgam Filling Removal**

During the removal of dental amalgam fillings, toxic mercury vapors can be generated. When dental amalgam fillings are drilled out or removed, mercury vapors are released. This occurs due to the heat generated during the drilling process, which causes the mercury in the amalgam to vaporize.

Inhalation risk (breathing in) mercury vapors may be harmful to the neurological systems of those sensitive to mercury vapor exposure.

[Watch here>>](#)

## FEATURED PODCAST



Anxiety affects hundreds of millions of people worldwide, from occasional nervousness to chronic disorders. But what if you could manage and even reduce your anxiety through natural, lifestyle-based approaches? Join Dr. James Odell as he unravels the complexities of anxiety and anxiety disorders, exploring their causes and offering practical, holistic solutions.

[Watch here>>](#)

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## BRMI's PRINCIPLES

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### BRMI's Principles

BRMI is a non-commercial, non-profit institute with no political or corporate affiliation. The perspective we uphold acknowledges healthcare freedom and free speech. Over the last three years, censorship in the media, social media, and many online medical platforms has created a veil of darkness over healthcare information. We have consistently condemned the censorship and punishment of individuals who question the established narrative on COVID-19, its treatments, lockdowns, masks, and inoculations. Science is about open inquiry. Despite experiencing social media censorship, BRMI is committed to maintaining an open forum for information with referenced commentaries.

We continue to update our "News Section" which includes an abundant resource of recent articles and videos from around the world on current topics related to medical freedom and preventive and therapeutic modalities of bioregulatory medicine. We understand there is no such thing as unbiased news in mainstream media. Because hidden media bias misleads, manipulates, and divides us, everyone should learn how to spot media bias.

In our news forum, we continue to endeavor to be a trusted and informed source of factual science-based information for our readers. This allows you to identify different perspectives so you can get the full picture and think for yourself. If there is newsworthy information



relevant to the science of self-healing, do not remain silent, please share, and contact me. Speak Puaps at nISds supeesak out!

Please join me for *The Science of Self-Healing Podcasts* I host every two weeks; all episodes are available on our website archives. The updated format is tailored to distill the latest and most valuable information into a brief 20-minute session, presented through a bioregulatory lens.

If you have not signed up to receive our free E-Journal, we invite you to do so. We hope you benefit from our varied resources. Comments and submissions to our E-Journal are always welcome and appreciated.

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## YOUR SUPPORT OF BRMI

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### Your Support of BRMI

We sincerely thank all our viewers for their continued support, comments, and article submissions, and for liking us on our social media, bi-weekly podcasts, and YouTube channel. BRMI is a 501c3 non-profit private foundation. We provide FREE non-commercial information to the public and are entirely funded through the kind and tax-deductible donations of our readers. We accept no advertisements. If you feel so inclined, please donate so that we can continue our FREE public programs. Donors can tax-deduct contributions they make to BRMI under IRC Section 170. We also ask that, if possible, you introduce BRMI to at least two or more friends and have them sign up for this free E-Journal and our podcasts.

We maintain a YouTube channel, [Facebook](#) page, [LinkedIn](#), and [Instagram](#) and post evidence-based articles and news events daily. To make it easier, we have also added a [Linktree](#). Feel free to interact with us via social media - or contact me directly at [jpmodell@brmi.online](mailto:jpmodell@brmi.online).

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## FIND US ON SOCIAL MEDIA!

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Feel free to email us! And we now have a [Linktree](#)!



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BRMI is a non-profit founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

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