



## Supporting the Science of Self-Healing

July 3, 2021

Issue 27 BRMI E-Journal

- Independent Non-Profit Status
- Workshop/Conference in Scottsdale, AZ. **October 1-3, 2021**
- **Syncytin – Viruses, Vaccines, and Infertility** by James Odell
- **Rationale for Vitamin C Treatment of COVID-19 and Other Viruses by the International Society of Orthomolecular Medicine**- Olufemi Kofoworola Dada B.Sc. Microbiology and John Adeyanju B.Sc. Microbiology, PGD Education.
- Botanical Feature Article: **Eastern White Pine Tree Needles a Natural Source of Suramin**
- Biography: Dr. Linus Pauling
- Videos: **Linus Pauling and Vitamin C; Contagious Vaccinosis** (AKA Vaccine Shedding) - Dr. Rodger Hodgkinson Interview
- Book Review: **Under an Ionized Sky: From Chemtrails to Space Fence Lockdown** by Elana Freeland
- **Reflections and Projections of the COVID-19 Lockdown From a Naturopathic Doctor**, Dr. Sharon Stills
- **Transitioning Your Cat to a Raw Diet**, Dr. Marlene Siegal
- Clinical Corner: Clinical Pear by Ian Kennedy – Body Memory Study
- Response to Letter to the Editor – **What is Deuterium Depleted Water?**

Dear Friend,

Welcome to our 27th BRMI E-Journal.

We are excited to report that BRMI is embarking on becoming a solo Not-for-Profit Institute and soon will no longer a 'greenhouse initiative' of the Marion Institute (MI). We are deeply and eternally grateful to the MI for helping us get

started and being our fiscal sponsor for the last 3 years. The time now has come for us to become independent and our own 501(c) (3) as we await the final status declaring us so. Stay tuned!

Because BRMI is a non-commercial, non-profit institute, this empowers us to present uncensored, open forum information and referenced commentaries, and in turn, enlighten our viewers to more than one medical viewpoint. As always, we should all do our due diligence to research medical topics by looking at all sides of the issue and not one narrative. We sincerely thank all our viewers for their support, comments, and article submissions, and for liking us on social media, podcasts, and YouTube.

Our [News Section](#) includes an abundant resource of recent articles and videos from around the world on current topics related to medical freedom, preventive and therapeutic bioregulatory health, immunology, and epidemiology. We constantly change news posts and strive to be a trusted and informed source for our readers. If there is newsworthy information relevant to the science of self-healing that you would like to share, please [contact me](#).

We are pleased to announce that BRMI is once again presenting a workshop/conference on October 1st, 2nd, and 3rd at the beautiful Sonesta Suites in Scottsdale, AZ. Dr. Ralf Oettmeier, MD from the Alpstein Clinic, Switzerland will be our lead presenter. Also presenting are Sharon Stills, NMD, Kelly Kennedy, LMT, Ian Kennedy, Sargent Goodchild, Moira Lo Bianco and myself. This workshop will instruct participants on numerous diagnostic and therapeutic procedures such as neural therapy, procaine therapy, apitherapy (honeybee venom therapy), Korean sujok (hand foot) acupuncture/acupressure, toxicity detection and detoxification techniques, lymphatic drainage techniques, sound therapy, hormone therapy, anamnesis and body examination approaches, heart rate variability assessment, basic applied kinesiology technique, and contact regulation thermography. There will be panel discussions on coronavirus vaccine issues and plenty of time to visit vendors. For more information, topics, and schedule [click here](#). Do not wait to sign up, as the participant number is limited to 50. **Early bird pricing is available till August 1st!**

Please stay tuned to the ongoing weekly BRMI podcasts hosted by Dr. Sharon Stills, NMD. Dr. Stills has now completed 38 exciting and informative podcast interviews. These are all archived on [our website](#). One of the recent podcasts discusses an innovative treatment called [INUSpheresis®](#). If you have a free minute, please check it out!

We are delighted to have added Moira Lo Bianco, as a BRMI Board Advisor. Moira holds certifications in Sound Therapy, Vipassana Meditation, and Yoga Nidra. She is also an accomplished musician, bringing her deep understanding of music to her Sound work. She holds Music degrees from F. Torrefranca Conservatory and TorVergata University of Rome, Italy, as well as from Berklee College of Music, in Boston. She is currently living in New York City, where she offers adult one-on-one and group sessions, as well as Sound Mind workshops, introducing children to Therapeutic Sounds and Mindfulness Meditation through a series of interactive activities. [Click here](#) to learn more about Moira.

Our feature articles in this edition are:

[Syncytin – Viruses, Vaccines, and Infertility](#)

[Reflections and Projections of the COVID-19 Lockdown From a Naturopathic Doctor](#), Dr. Sharon Stills  
[Transitioning Your Cat to a Raw Diet](#), Dr. Marlene Siegal

Our botanical article this issue is [Eastern White Pine Tree Needles a Natural Source of Suramin](#).

We also have a fascinating and informative article entitled Rationale for [Vitamin C Treatment of COVID-19 and Other Viruses](#) by the International Society of Orthomolecular Medicine - Olufemi Kofoworola Dada B.Sc. Microbiology and John Adeyanju B.Sc. Microbiology, PGD Education.

Ian Kennedy presents us with [Clinical Pearl: Memories are Stored in the Body Throughout Generations](#).

For our Pioneers of Bioregulatory Medicine website section, we've recently written an extensive biography of [Linus Pauling](#), a two-time Nobel Laureate - one for Chemistry the other for Peace.

Dr. Linus Pauling is considered to be the father of molecular biology, implementing the science of Quantum Mechanics with that of biology, and coined the term 'Orthomolecular Medicine'. The breadth of Dr. Pauling's

interests and research was enormous and his published work prodigious, encompassing more than 1,065 publications, from scientific and popular books and articles, to book forwards and reviews, letters to editors, and printed speeches. The subjects of the papers he published reflect his great scientific versatility: about 350 publications in the fields of experimental determination of the structure of crystals by the diffraction of X-rays and the interpretation of these structures in terms of the radii and other properties of atoms; the application of quantum mechanics to physical and chemical problems; including dielectric constants, X-ray doublets, momentum distribution of electrons in atoms, rotational motion of molecules in crystals, Van der Waals forces, etc.; the structure of metals and intermetallic compounds, the theory of ferromagnetism; the nature of the chemical bond, including the resonance phenomenon in chemistry; the experimental determination of the structure of gas molecules by the diffraction of electrons; the structure of proteins; the structure of antibodies and the nature of serological reactions; the structure and properties of hemoglobin and related substances; abnormal hemoglobin molecules in relation to the hereditary hemolytic anemias; the molecular theory of general anesthesia; an instrument for determining the partial pressure of oxygen in a gas; and other subjects. Published in 1939, his book 'The Nature of the Chemical Bond' is one of the most influential books ever published in the field of chemistry and it has been cited as a reference in many important journals and scientific papers. Pauling founded the concept of 'molecular disease'; these discoveries inspired research work on many more such disorders and are the basis of today's 'human genome research'.

In tandem with Dr. Pauling's biography, we have uploaded more information about Orthomolecular Medicine to the [Therapeutic Modalities page](#).

Our book review for this edition is ***Under an Ionized Sky: From Chemtrails to Space Fence Lockdown*** by Elana Freeland. This is the second book of a planned trilogy by Elana Freeland describing the technological chains forged over the previous century to effect total control of humanity (actually, of everything) by the world's ruling elite. Much information, with references, is packed into the book's 176 pages. For the full book review click [here](#).

Our featured videos for this edition are:

- [Linus Pauling and Vitamin C](#)
- [Contagious Vaccinosis \(AKA Vaccine Shedding\)](#) - Dr. Rodger Hodkinson Interview with Del Bigtree

Letter/Questions to the Editor: "Enjoyed reading the water articles. I have heard there are health benefits of drinking deuterium depleted water. Please explain" - AH

You will find my response to [deuterium depleted water](#) as well as a recipe on how to make it at the bottom of this e-journal.

We hope you benefit from our varied resources. Comments and submissions to our e-Journal are always welcome and appreciated. We maintain an active YouTube channel, [Facebook](#) page, [LinkedIn](#), [Instagram](#), and [GAB](#) and post evidence-based articles and news events daily. Feel free to interact with us via social media - or contact me directly at [jpmmodell@brmi.online](mailto:jpmmodell@brmi.online).

We thank you for your interest in bioregulatory medicine.

James Odell, ND, OMD, L.Ac.  
BRMI Executive/Medical Director  
[jpmmodell@brmi.online](mailto:jpmmodell@brmi.online)

***As with any healthcare newsletter, the information in the BRMI e-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI E-Journal.***

# Optimizing Clinical Skills and Knowledge

With featured guest Dr. Ralf Oettmeier from Switzerland's Alpstein Clinic  
**October 1-3, 2021**  
Scottsdale, Arizona



Come join us at Sonesta Suites Gainey Ranch in Scottsdale, Arizona as we explore fascinating, cutting-edge modalities merged with ancient wisdom of the healing arts.

With experts in their fields, Dr. James Odell, Dr. Ralph Oettmeier, Dr. Sharon Stills, Kelly and Ian Kennedy, Sargent Goodchild and Moira Lo Bianco this hands-on workshop will leave you filled to the brim with new ideas, innovative techniques, and knowledge to embody in your own practice and life.

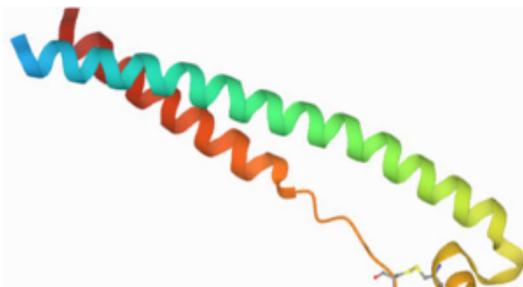
While this event is geared toward physicians, nurses, and health practitioners, we always encourage interested laypeople to attend also, to further their own healing journeys. Much of our time together will include hands-on demonstrations to further integrate this new knowledge, complete with vendor expo's - each an expert in their field! We also strive to support networking among enlightened professionals, and work plenty of "down-time" in the evening to socialize.

**Come join our tribe!**

[Click here for more information](#)

[Click here to register!](#)

\*Breakfast and Lunch Included ~ \*Incredible Room Rates ~ \*No Masks/No Distancing



## **Syncytin – Viruses, Vaccines, and Infertility** *James Odell, OMD, ND, L.Ac.*

Many believe viruses to be harmful organisms that invade, infect, and even kill. In truth, the two dozen or so viral types that potentially wreak havoc with the human body represent an infinitesimally small fraction of the 100 million viral types on earth. In fact, most viruses are vital to our very existence and the sheer number of 'good' viruses is astonishing.

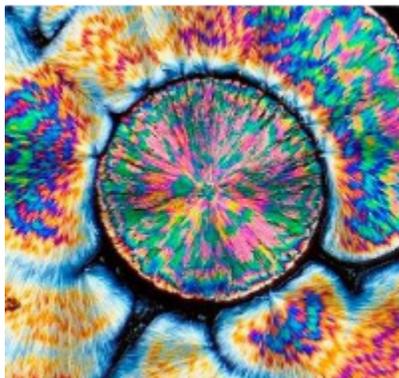
[Read more>>](#)

### **Eastern White Pine Tree Needles a Natural Source of Suramin**

*James Odell, OMD, ND, L.Ac.*

A compound found in pine needles, called suramin, has been identified as a potential antidote to the current spike protein contagion resulting from the chimeric SARS-CoV-2 coronavirus, and the potential pathogenic transmission of the spike protein from the experimental mRNA vaccines.

[Read more>>](#)

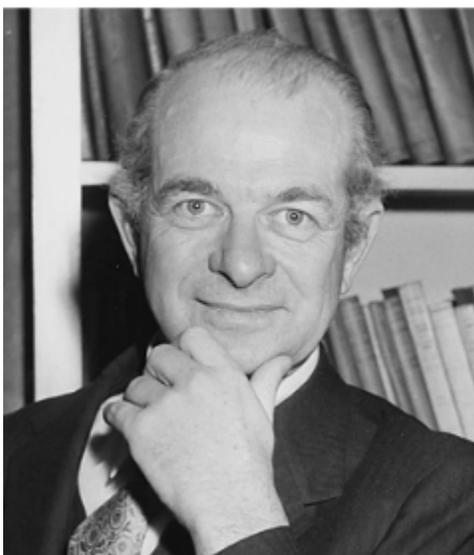


### **Rationale for Vitamin C Treatment of COVID-19 and Other Viruses**

*International Society of Orthomolecular Medicine*

Vitamin C is the main systemic extracellular antioxidant, and when given at high doses, either orally (3-10 g/day) or IV (10-50 g/day, etc.), can function as an antioxidant to prevent toxicity from ROS (Reactive oxygen species) and viruses.

[Read more>>](#)



### **Linus Pauling**

*James Odell, OMD, ND, L.Ac*

Linus Carl Pauling was born in Portland, Oregon, on February 28, 1901, the son of a pharmacist, Henry H.W. Pauling, and Lucy (Darling) Pauling. From an early age, Linus enjoyed mathematics and discovering how the world worked. His father realized that Linus was unusually gifted. His father realized that Linus was unusually gifted. Unsure about how to help his son, he sent a letter to The Oregonian, a newspaper, asking for advice. Sadly, this was one of his final acts.

[Read more>>](#)



Linus Pauling's claim, that he knew a cure for heart disease, cancer and infections, was greeted with ridicule. His remarkable health claims concerned the substance we know as vitamin C. Now, ten years after his death on 19th August 1994, his revolutionary ideas are finally on the way to vindication. Given his history, it should not surprise us if Pauling was right all along. He was, after all, the leading chemist of the last century and, arguably, the greatest ever American scientist.



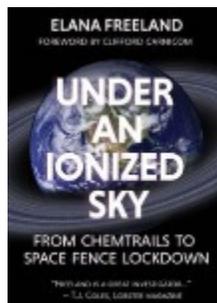
Board certified pathologist Dr. Roger Hodkinson speaks with host Del Bigtree as he describes a possible hypothesis concerning trend of people becoming ill who have not been vaccinated themselves. These unvaccinated are reporting becoming ill from those who have been vaccinated through a term he calls contagious vaccinosis, aka vaccine shedding. He encourages further investigation into this phenomenon.

#### **Under an Ionized Sky: From Chemtrails to Space Fence Lockdown**

*by Elana Freeland*

This is the second book of a planned trilogy by Elana Freeland describing the technological chains forged over the previous century to effect total control of humanity (actually, of everything) by the world's ruling elite. Much information, with references, is packed into the book's 176 pages. Most of this book is descriptions of the various technologies Ms. Freeland claims the elite are using to achieve the total control they desire ("full spectrum dominance," or "C4: Command, Control, Communications, and Cyberwarfare").

[Read more>>](#)



#### **Reflections and Projections of the COVID-19 Lockdown From a Naturopathic Doctor** *Dr. Sharon Stills*

This is the first time I have sat down to write anything of substantial length regarding what has happened across the globe over the last 16 months. You make think the reason is I have been too busy treating patients, recording my podcast, going hiking to get my nature time in or just pure laziness. However, the real reason why I have not put pen to paper is simple - all my children have asked me not to.

[Read more>>](#)

### Transitioning Your Cat to a Raw Diet

*Marlene Siegel, DVM*

This article will focus on *how* to make the transition from kibble or canned processed food to a sustainable species appropriate raw diet.

**There is no one best way to get a cat to transition to a raw diet.**

Dogs are usually much easier to transition. The key is:

**Consistency – Determination – Patience**



[Read more>>](#)

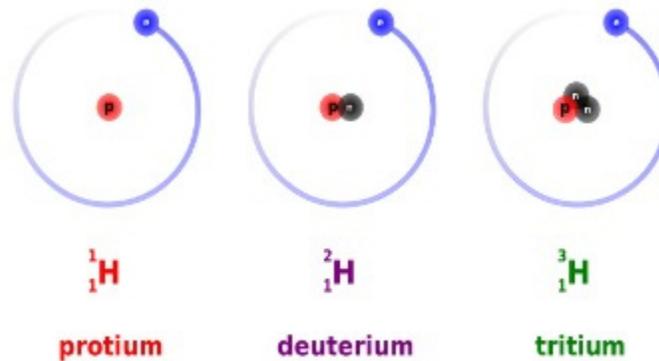


### Clinical Pearl: Memories are Stored in the body Throughout Generations

*Ian Kennedy*

To further a more scientific substantiation to the premise of the body memories there was a study done at Emory University in Atlanta in 2013 that established an interesting finding. The scent of cherry blossoms was introduced into a cage of mice.

[Read more>>](#)



### Deuterium Depleted Water

*James Odell, OMD, ND, L.Ac.*

First, what is deuterium? In simple words, deuterium is a form, or rather isotope, of hydrogen. Hydrogen is unique in that it has three isotopes – protium, deuterium, and tritium. The most common isotope of hydrogen, protium, has one proton and no neutrons. Deuterium has one proton and one neutron.

[Read more>>](#)

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BRMI is a non-profit Greenhouse Initiative of the Marion Institute, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

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