



November 1, 2024 | Issue 47 | BRMI E-Journal

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- ***Bifidobacterium: The Missing Link in COVID-19 Susceptibility?*** | The Bioregulatory Medicine Institute
- ***Troubling Evidence of at Least 55 Undeclared Chemical Elements Found in COVID-19 Vaccines*** | The Bioregulatory Medicine Institute

Clinical Corner:

- ***Could COVID-19 Vaccines Cause Antiphospholipid Syndrome?*** | Jennifer Margulis
- ***Lion's Mane Mushroom: A Natural Remedy for Cognitive Function and Optimal Health*** | The Bioregulatory Medicine Institute
- ***Unlock Optimal Pet Wellness: Dr. Marlene Siegel's 6 Biohacking Strategies*** | Marlene Siegel, DVM

Book Recommendations:

- ***LYMPHATIC F.L.O.W.*** | Author: Kelly Kennedy, LNRT, LMST
- ***TOO Much: A Guide to Breaking the Cycle of High-Functioning Codependency*** | Author: Terri Cole

Video Recommendations:

- ***Mind Matters and Everything Else*** | with TransHuman Author, Dr. Ana Mihalcea, M.D., PhD, & Dr. Joseph Sansone, EP 43
- ***Post Script Interview*** | Jeff Witzeman - Award Winning Film Maker

Featured Podcast:

- ***Amazing Emunctories: Supporting Your Body's Built-in Detox System***

Supporting the Science of Self-Healing

Dear Friend,

Welcome to Our 47th BRMI E-Journal!

It's November and there is a lot of excitement around the US National elections. BRMI has always maintained a non-partisan stance. That said, the political views we propound and share with our tribe are centered around health-care freedoms, and against scientific and medical censorship. Medical care is far too expensive, choices (particularly healthcare alternatives) are too few, and many viable natural treatments have long been suppressed. The federal government's response has focused on more government control, dangerous mandates, and more money for the pharmaceutical industry. This has led to an increase in autism, cancer, and heart disease (to name a few), fewer coverage options, and overall poor quality care. From this election cycle, we remain hopeful that our medical freedoms will improve and that government agencies such as the CDC, NIH, and FDA will become more accountable, transparent, and honest to the public. Fingers crossed!



Charting Your Course to Optimal Health

We are thrilled to invite you to join us for BRMI's extraordinary conference/retreat, "***Charting Your Course to Optimal Health***," from May 10-18, 2025. This eight-night cruise will take you through the stunning ABC Islands—Aruba, Bonaire, and Curacao—departing from Ft. Lauderdale. Our event welcomes anyone passionate about health and longevity—whether you're a practitioner, inventor, vendor, or simply curious about healthier living. Enjoy a perfect mix of learning and relaxation while deepening your understanding of bioregulatory medicine. For more details, visit our website at brimi.online. We hope to see you there!

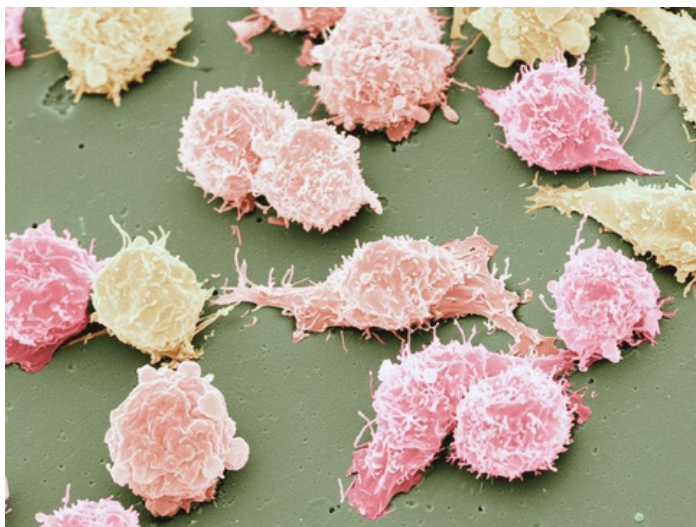
— Dr. James Odell and the BRMI Team!

[Click here to learn more...](#)

In this edition of our E-Journal, we delve into several crucial health topics through insightful articles, two of which focus on the biological terrain.

One article, ***Pleomorphism: The Importance of Terrain in Managing the Adaptive Nature of Fungi***, explores how our internal biological environment influences microbial balance and disease. It highlights the case of *Candida auris*, illustrating how non-pathogenic organisms can morph into more harmful forms when the biological terrain is compromised.

Pleomorphism: The Importance of Terrain in Managing the Adaptive Nature of Fungi



Pleomorphism -- the ability of microorganisms to change their form and function in response to environmental conditions, is a key concept in understanding how fungi adapt and become pathogenic.

[Click here to see more...](#)

BRMI Welcomes a New Advisor!

We are excited to announce a new advisor to BRMI, Dr. Marisol Teijeiro, ND (Inac). Dr. Teijeiro previously worked to help thousands of patients reclaim their health using advanced therapies like IV treatments, Colon Hydrotherapy, Dark Field microscopy, and hyperbaric therapy. She further enhanced her expertise with certifications in Environmental Medicine, Homotoxicology, and Meditation Instruction. Through her holistic practice, she recognized Castor Oil's versatility as a natural alternative to the harsh chemicals often found in beauty products, and is known as the "Queen of the Thrones." Today, she continues to inspire people worldwide to embrace a cleaner, healthier lifestyle, empowering women to honor their well-being and natural beauty at any age.

We Offer an Abundance of Resources on Our Website

Our [News Section](#) includes an abundant resource of recent articles and videos from around the world on topics related to immunology, epidemiology, legal and medical freedom, and preventive bioregulatory health. As our viewing audience is exponentially growing, we greatly appreciate all the positive responses, such as liking and sharing with us on social media platforms. Our website daily develops and evolves as an extensive database and open forum of uncensored, evidence-based information. If there is newsworthy information relevant to "the science of self-healing" that you would like to share, please [contact me](#).

Have You Listened to the Science of Self-Healing Podcast?

We hope you have been tuning into my biweekly FREE podcast, "The Science of Self-Healing." If you are looking for ways to improve your health, our episodes offer science-based practical advice in about 20 minutes. All our earlier episodes are archived on our website [here](#). Try us if you haven't already!

Look for Us on Social Media!

We maintain an active Facebook page, LinkedIn, and Instagram and post evidence-based articles and news events often. Feel free to interact with us via social media - or contact me directly at jpmmodell@brmi.online.

We thank you for your interest in Bioregulatory Medicine.

Be well,

James Odell, ND, OMD, LAc

BRMI Executive/Medical Director

jpmmodell@brmi.online

As with any healthcare newsletter, the information in the BRMI E-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI E-Journal.

FEATURED ARTICLES



Are You Confused by the Difference Between Folic Acid and Folate?

James Odell, OMD, ND, LAc

Folate, also known as vitamin B9, is the term given to a family of chemically similar compounds recognized as an essential nutrient for numerous metabolic pathways and the prevention of many adverse health conditions.

[Read more>>](#)

Bifidobacterium: The Missing Link in COVID-19 Susceptibility?

The Bioregulatory Medicine Institute

A study conducted by Sabine Hazan and colleagues investigated the relationship between gut microbiome composition and COVID-19 infection severity.

[Read more>>](#)



Troubling Evidence of at Least 55 Undeclared Chemical Elements Found in COVID-19 Vaccines

The Bioregulatory Medicine Institute

The article raises several issues related to mRNA vaccines and at least 55 unknown chemical elements have been found in the various COVID-19 vaccine formulas.

[Read more>>](#)

CLINICIANS' CORNER

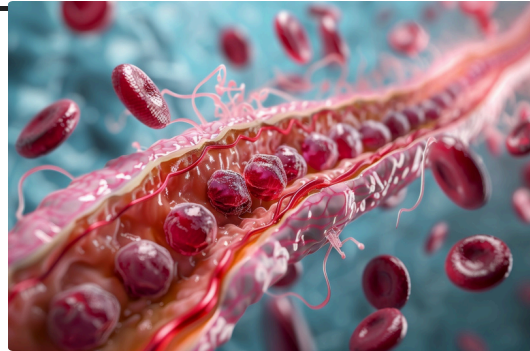
Could COVID-19 Vaccines Cause Antiphospholipid Syndrome?

by Jennifer Margulis

Antiphospholipid syndrome is an autoimmune disorder characterized by repeated episodes of blood clots in the veins or arteries or recurrent fetal losses.

Antiphospholipid syndrome can also cause multi-organ failure.

[Read more>>](#)



Lion's Mane Mushroom: A Natural Remedy for Cognitive Function and Optimal Health

The Bioregulatory Medicine Institute

Lion's mane mushroom (**Hericium erinaceus**) has a rich history dating back to ancient times, particularly in East Asian cultures. Chinese practitioners used lion's mane to fortify the spleen, nourish the gut, and enhance overall vitality.

[Read more>>](#)

Unlock Optimal Pet Wellness: Dr. Marlene Siegel's 6 Biohacking Strategies

Marlene Siegel, DVM

Pet health statistics are significantly worse than humans. If we include obesity, diabetes, arthritis, autoimmune disorders, allergies, gastrointestinal distress and cancer, nearly every domestic pet is suffering with one or more of these conditions.

[Read more>>](#)



FREE RESOURCE

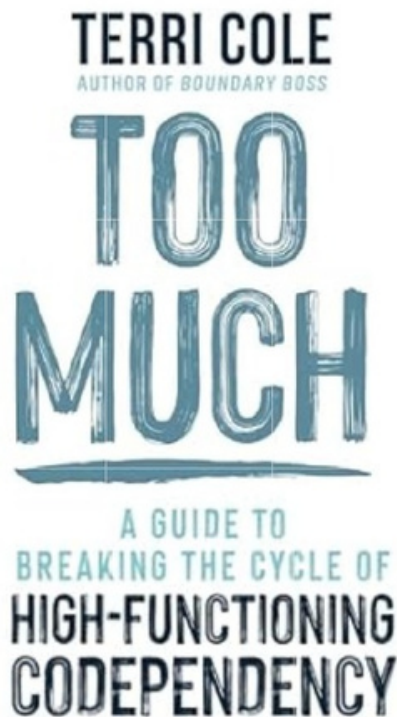
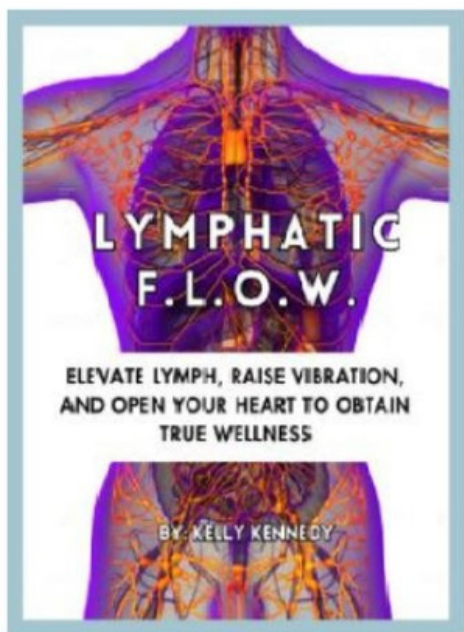
Download This FREE 2-Page Dental Meridian Chart

MERIDIAN TOOTH CHART- MERIDIANS, ORGANS & GLANDS

CHINESE MERIDIANS	SMALL INTESTINE	STOMACH, PANCREAS	LUNG, LARGE INTESTINE	LIVER / GALL-BLADDER	KIDNEY / BLADDER	LIVER / GALL-BLADDER	LUNG, LARGE INTESTINE	STOMACH, PANCREAS	SMALL INTESTINE							
ORGANS	heart, duodenum	=2, 3 pancreas, =2, 3 stomach, =2 bladder, =3 kidneys, =3 liver, =2, 3 r. breast	=4 s. intestine, =4, 5 liver, =4 gallbladder, =4 duodenum, =4, 5 r. lung, =5 stomach, =5 pancreas	heart, r. liver, gallbladder	=7-10 kidneys, =7-10 bladder, =7-10 urogenital	heart, l. liver, l. bile ducts	=12 stomach, =12 pancreas, =12, 13 liver, =12, 13 l. intestine, =13 s. intestine, =12, 13 l. lung, =13 gallbladder, =13 duodenum	=14 kidney, =14 liver, =14, 15 spleen, =14, 15 stomach, =14, 15 l. breast, =15 bladder	heart, jejunum, l. ileum							
GLANDS	pituitary (ant. lobe)	=2 parathyroid, =2 adrenal, =2 pineal, =3 pituitary, =3 thyroid	=4, 5 thyroid, =4 thymus, =5 pituitary (post. lobe)	pituitary (post. lobe)	=7-10 pineal, =8, 9 epididymis	pituitary (post. lobe)	=12 pituitary (post. lobe), =12, 13 thyroid, =13 thymus	=14 pituitary, =14 thyroid, =15 parathyroid, =15 adrenal, =15 pineal	pituitary (ant. lobe)							
	RIGHT SIDE					LEFT SIDE										
CHINESE MERIDIANS	SMALL INTESTINE	LUNG, LARGE INTESTINE	STOMACH, PANCREAS	LIVER / GALL-BLADDER	KIDNEY / BLADDER	LIVER / GALL-BLADDER	STOMACH, PANCREAS	LUNG, LARGE INTESTINE	SMALL INTESTINE							
ORGANS	heart, iliocecal, r. ileum	=30, 31 l. intestine, =30, 31 iliocecal, =31 r. lung	=28, 29 pancreas, =28 liver, =28, 29 stomach, =28, 29 r. breast, =28, 29 pylorus	pancreas, liver, gall-bladder, lungs	=23, 24 l. kidney, =25, 26 r. kidneys, =23-26 bladder, =23-26 urogenital	pancreas, liver, l. bile ducts, lungs	=20, 21 stomach, =20, 21 l. breast, =20, 21 spleen, =21 liver, =21 pancreas	=18, 19 l. l. intestine, =18, 19 l. lung	liver, heart, jejunum, l. ileum							
GLANDS	N/A	=30 pituitary, =31 pineal, =31 appendages	=28 gonads, =29 thyroid	gonads	=23-26 adrenals, =24, 25 epididymis	gonads	=20 thyroid, =21 gonads	=18 pineal, =18 appendages, =19 pituitary	N/A							

[Download here!](#)

BOOK REVIEWS



Book Review: LYMPHATIC

F.L.O.W.

Author Kelly Kennedy, LNRT, LMST |
Review by The Bioregulatory
Medicine Institute

In "LYMPHATIC F.L.O.W.," Kelly Kennedy, presents a transformative exploration of the lymphatic system and its integral role in overall wellness.

Central to this discussion is the concept of FLOW—Fascia, Lymph, Overall Wellness—serving as a framework for understanding how the body's interconnected systems contribute to health.

After a life-altering car accident, the author discovered the profound impact of energy and self-healing, leading to a deep investigation into the realms of Bioregulatory Medicine.

[Read more>>](#)

Book Review: Too Much: A Guide to Breaking the Cycle of High-Functioning Codependency

Author Terri Cole | Review by Christine Gutierrez

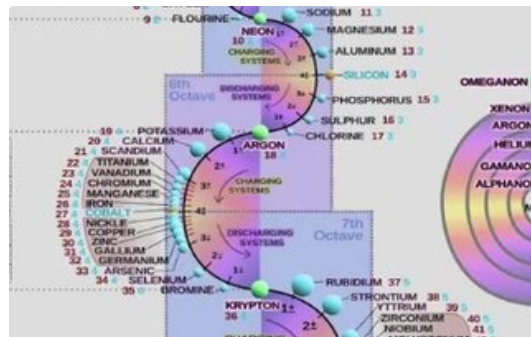
Are you the person everyone comes to when they're in a jam? Do you regularly accommodate others' needs and preferences? Does it feel like chaos will ensue if you don't handle the travel plans, divvy up the check at group dinners, sort out your friend's latest crisis, and so on? If these questions resonate, the odds are good that you are one of the over-giving, over-extending individuals struggling with what psychotherapist and boundary expert Terri Cole has termed high-functioning codependency (HFC).

[Read more>>](#)

VIDEO REVIEWS



TransHuman Author, Dr. Ana Mihalcea, M.D., PhD, on Mind Matters and Everything Else | with Dr. Joseph Sansone, EP 43
Author of TransHuman, Dr. Ana Mihalcea, M.D., PhD, stopped by Mind Matters and Everything Else with Dr. Joseph Sansone to discuss Volume 1 and Volume II of her groundbreaking new book.



The Cosmic Rhythm of the Periodic Table of Elements | Terrence Howard Interview with Joe Rogan

Terrence Howard suggests that the periodic table should not be arranged in a rectangular grid, but rather in a circular or spiral patterns based on Walter Russell's periodic table design.

TransHuman is a two-volume collection of research performed by Dr. Ana Mihalcea and scientists from around the world into the COVID 19 injections and the self-assembling nanotechnology that was found. Alarming live blood changes have been observed in humanity's blood since the roll out of the COVID 19 injections. [Watch here >>](#)

According to Howard, elements have specific tones or frequencies associated with them. He suggests you can convert the color (light frequency) of an element into a corresponding sound frequency. This is done by repeatedly dividing the light frequency by two until you reach an audible frequency. [Watch here>>](#)

FEATURED PODCAST



Discover the fascinating world of your body's natural detoxification system in this eye-opening episode with Dr. James Odell. Learn about the crucial role of emunctories - your body's waste removal organs - including the liver, kidneys, intestines, lungs, and skin. Understand how these organs work together to eliminate toxins and maintain your health. The episode delves into the three phases of liver detoxification, the importance of a balanced gut microbiome, and how your kidneys filter toxins. You'll also learn about the lungs' unique defense mechanisms and the skin's role in eliminating harmful substances. Packed with practical tips on supporting each of these vital organs, this episode provides a comprehensive guide to optimizing your body's natural detoxification processes for better health and wellbeing. [Watch here>>](#)

BRMI'S PRINCIPLES

BRMI's Principles

BRMI is a non-commercial, non-profit institute with no political or corporate affiliation. The perspective we uphold acknowledges healthcare freedom and free speech. Over the last three years, censorship in the media, social media, and many online medical platforms has created a veil of darkness over healthcare information. We have consistently condemned the censorship and punishment of individuals who question the established narrative on COVID-19, its treatments, lockdowns, masks, and inoculations. Science is about open inquiry. Despite experiencing social media censorship, BRMI is committed to maintaining an open forum for information with referenced commentaries.

YOUR SUPPORT OF BRMI

Your Support of BRMI

We sincerely thank all our viewers for their continued support, comments, and article submissions, and for liking us on our social media, bi-weekly podcasts, and YouTube channel. BRMI is a 501c3 non-profit private foundation. We provide FREE non-commercial information to the public and are entirely funded through the kind and tax-deductible donations of our readers. We accept no advertisements. If you feel so inclined, please donate so that we can continue our FREE public programs. Donors can tax-deduct contributions they make to BRMI under IRC Section 170. We also ask that, if possible, you introduce BRMI to at least two or more friends and have them sign up for this free E-Journal and our podcasts. We maintain a YouTube channel, Facebook page, LinkedIn, and Instagram and post evidence-based articles and news events daily. To make it easier, we have also added a Linktree. Feel free to interact with us via social media - or contact me directly at jpmodell@brmi.online.

FIND US ON SOCIAL MEDIA!



Feel free to email us! And we now have a [Linktree](#)!



BRMI is a non-profit founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

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