



Supporting the Science of Self-Healing

January 1, 2023

Issue 36 BRMI E-Journal

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- ***"A Reappraisal is Long Overdue': Mainstream Scientists, Doctors, Parents Speak Out About Harms of COVID-19 Vaccines"*** by Jennifer Margulis, Ph.D and Joe Wang
- ***"Why I Gave up my Medical License"*** by Dr. Jess Peatross, MD
- ***"PMAs: Reclaim Your Power"*** by Dr. Cindy Azevedo, ND, L.Ac.
- ***"The Law of Emptiness"*** by Ian Kennedy
- **Video Recommendations:**
 - ***Crystal ENERGY! The Science, History & Uses***
 - ***Germ Theory: The greatest lie ever told***
- **Book Reviews:**
 - ***Why We Sleep: Unlocking the Power of Sleep and Dreams by Matthew Walker Ph.D.*** - Review by Dr. James Odell.
 - ***The Moth in the Iron Lung: A Biography of Polio by Forrest Maready*** - Review by Catherine Austin Fitz
- **Podcast: *Working with the Body, Not Against It - Longevity, Cancer, Auto-immune, Wellness and More!*** - Dr. David Minkof
- **Upcoming Events:** Dr. Ralf Oettmeier is coming to the HUH Institute March 9-11th. (More events listed on our BRMI calendar)

Welcome to our 36th BRMI E-Journal and Happy New Year--soon to be the year of the Water Rabbit on January 22, 2023 in the Chinese calendar. Before we visit the attributes of the Water Rabbit, I am compelled to recap the symbolism of the last year--that of the Water Tiger.

As stated at the beginning of the year, tiger symbolism is fiery and fearsome; a symbol of courage, fearlessness, and strength. One of the featured articles is from a courageous doctor, Dr. Jess Peatross, who surrendered her medical license because of her moral compass. We are so glad that her strength prevailed and that she has aligned with Bioregulatory Medicine.

Another message from the Water Tiger may only be clear after reading this edition. As quoted last year, "get ready to abide by the law of the jungle, which isn't very lawful at all. The mantra to keep is stay alert, observe, strategize, and strike!" This cryptic warning from last year will now make perfect sense as you read Dr. Cindy Azevedo's article on Private Membership Associations (PMA's). This article reveals our inherent rights that have been obfuscated through our compliance in operating in the "public domain"...aka the jungle, and provides a safe way back to sovereignty, through PMA's.

Collectively, we have all had to be Water Tigers, liquid enough to transmit our love and understanding, and fierce enough to stand strong in our convictions and truth. As if most of us haven't been down enough rabbit holes over the last two years, the year of the rabbit is assured to present more interesting holes to explore. In Chinese Astrology, the rabbit symbolizes peace, relaxation, and good luck. If the stars are correct, this would mean that this year will bring what we have lacked in 2022 --harmony and tranquility. As the year of the rabbit is said to bring good luck, many will experience success in personal achievements and their career. Rabbit wisdom tells us it is time to stop, look and listen, then hop to it. Do not let fear block opportunity.

Looking back on 2022 we see a great awakening in the population to truths and issues that have long been covered up, suppressed, and censored. Though censorship is being exposed, it is still ongoing in government agencies, mainstream media, and social media. It remains very troublesome and even dangerous to the careers of doctors and scientists who go against the authoritative narrative. Currently, if you challenge the prevailing narrative, you are now labeled a "denier." Even scientists are labeled science deniers! This propagandized label "denier" has a very psychologically negative connotation, and it is used to vilify anyone who questions or challenges authoritative (unscientific, artificial) narratives.

Censorship strikes at the heart of health freedom because it disrupts the ability of citizens to be able to properly evaluate both the risks and benefits of medical--especially pharmaceutical--interventions for health. The ability to access information and share it freely with others is essential for the ethical principle of informed consent in medicine to exist.

Over the last 3 years, Americans and others worldwide have experienced widespread de-platforming from social media and have been censored for questioning a highly politicized Covid narrative spun by government agencies such as the CDC, HHS, NIH, FDA, and others. Additionally, social media such as Facebook/Meta, Twitter, and Instagram have worked to suppress and deny critical speech, or simply questioning, of the government's pharmaceutical-favored Covid policy. These platforms censored citizens, scientists, doctors, injured people, and health workers who questioned or challenged the plan to prioritize pharmaceuticals for Covid treatments. They also silenced challenges to nonpharmaceutical tactics such as universal masking and lockdowns, which carry great psychological and physical harm.

BRMI has firmly stood for health freedom and believes each body is different and requires a unique individualized approach to healthcare based on many factors. A certain medical choice may not negatively impact one person but may be very damaging to the next. All individuals have the responsibility and right to do their research, understand risks and benefits, educate themselves, and make the appropriate decision based on their personal and clinical findings, beliefs, and values. If we do not stand for our liberties, we will lose them. As we are already seeing in the current healthcare climate, many are being faced with choices they never thought

they would have to make due to requirements imposed by the government, employers, schools, and other institutions.

The United States was founded on principles of liberty and personal responsibility. Many Americans, including many healthcare professionals, still hold these principles to be prized and protected. With threats to health freedom rising at an alarming rate, now is the time to stand for freedom like never before. When Americans are making decisions that truly result in life or death, we are reminded why the protection of free speech is an essential human right.

The Athenian historian Thucydides in 400 BC said, "The secret to happiness is freedom...and the secret to freedom is courage." Thus, we all should be courageous and speak our truth, and diligently research medical topics by looking at all sides of the issue and not one narrative.

Because BRMI is a non-commercial, non-profit institute, this empowers us to present uncensored, FREE, open-forum information and referenced commentaries, and in turn, enlighten our viewers about the wide spectrum of Bioregulatory Medicine diagnostics and therapeutics. Because we do not sell any products or advertise, we are financially dependent on donations from our viewers. Our core value from the beginning has been to present the public with a FREE website database, E-Journal, and Podcast. We hope you value this, and we deeply appreciate whatever you can afford to donate. [All donations](#) are tax-deductible under IRC-170. With your help, BRMI will continue to build an extensive website database, broadcast feature podcasts (***The Science of Self-Healing***), put on conferences and workshops, foster research projects, certify classes, and bring important information to the public, free of charge. This effort is not possible without your generosity. Even small donations are helpful and appreciated. We ask that you introduce BRMI to at least two or more friends and have them sign up for this E-journal and our podcasts.

We also hope you will check out our News page, which we continue to update, giving you access to the full gamut of mind-expanding information. This page is abundant with resources including recent articles and videos from around the world on current topics related to medical freedom and preventive and therapeutic bioregulatory health. While there, check out the [Rabbit Hole](#).

This E-Journal features the following articles, highlights, and recommendations:

"The Rediscovery of Methylene Blue" by James Odell, OMD, ND, L.Ac.

"A Reappraisal is Long Overdue': Mainstream Scientists, Doctors, Parents Speak Out About Harms of COVID-19 Vaccines" - by Jennifer Margulis, Ph.D. and Joe Wang

"Why I Gave up my Medical License" - by Dr. Jess Peatross, MD

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"The Law of Emptiness" - by Ian Kennedy

Video Recommendations:

Germ Theory: The Greatest Lie Ever Told
Crystal ENERGY! The Science, History & Uses!

Book Reviews:

Why We Sleep: Unlocking the Power of Sleep and Dreams by Matthew Walker

Review by James Odell, OMD, ND, LAc

PhD: The Moth in the Iron Lung: A Biography of Polio by Forrest

Maready : Review by Catherine Austin Fitz

Podcast:

Working with the Body, Not Against It: Longevity, Cancer, Auto-immune, Wellness and More! with Dr. David Minkof

In our website diagnostic area, we have added information on performing a [Medical History and Physical](#) as well as several [Psychological Tests](#). We also continue to add to our [Botanical Compendium](#).

Most of the BRMI workshop/conference presentation videos that occurred from October 14 -16th, 2022 in Scottsdale are now available in our [video section](#). More details will be coming about our spring 2023 workshop/retreat. In the meantime, reserve April 19 - April 22, 2023 and check our website often!

Please stay tuned to the ongoing weekly BRMI podcasts hosted by Dr. Sharon Stills, NMD. Dr. Stills has completed more than 96 exciting and informative podcast interviews. These are all [archived on our website](#). My "[State of The Union](#)" podcast with Sharon will be released on January 3rd. [Be sure to tune in!](#)

One of our Board Advisors, Dr. Oettmeier of the Alpstein Clinic, Switzerland, is coming to the [Human Universal Health Institute \(HUH Institute\)](#) in Denver March 9-11th. On March 9th, Dr. Oettmeier will give a [public lecture on toxicity and harmonization](#). On March 10th and 11th, he will be providing an [intensive workshop on Neural Therapy](#) that kicks off with information provided by the HUH institute on how to organize a practice as a PMA. BRMI is a proud sponsor of this event.

If you have not signed up to receive our free e-Journal, we invite you to do so. We hope you benefit from our varied resources. Comments and submissions to our e-Journal are always welcome and appreciated.

We maintain an active [YouTube channel](#), [Facebook](#) page, [LinkedIn](#), [Instagram](#), and [GAB](#) and post evidence-based articles and news events daily. To make it easier, we have also added a [Linktree](#). We sincerely thank all our viewers for their continued support, comments, and article submissions, and for liking us on social media, weekly podcasts, and our YouTube channel. Feel free to interact with us via social media, or contact me directly at jpmmodell@brmi.online.

We thank you for your interest in Bioregulatory Medicine.

James Odell, ND, OMD, L.Ac.
BRMI Executive/Medical Director
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As with any healthcare newsletter, the information in the BRMI e-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay seeking medical advice because of something you have read in this BRMI e-Journal.



The Rediscovery of Methylene Blue

James Odell, OMD, ND, L.Ac.

Ever since German chemist Heinrich Caro first created methylene blue (MB) as a dye in 1876, it later became the first fully synthetic drug used in medicine. In 1891 it was applied by Paul Guttman and Paul Ehrlich for the treatment of malaria but then ceased to be used as an anti-malarial due to its two inevitable side effects: green urine and blue sclera. .

[Read more>>](#)

“A Reappraisal is Long Overdue”: Scientists, Doctors, Parents Speak About Harms of COVID-19 Vaccines

Jennifer Margulis and Joe Wang

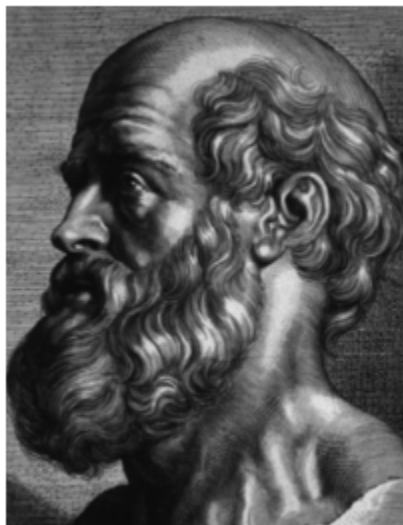
Just one day after she got a COVID-19 booster shot, Regan Lewis, a 20-year-old nursing student studying at Colby Community College in Colby, Kansas, had a heart attack.

Her mom, Connie Werth Lewis, desperately asked for prayers for her daughter in a public post on Facebook.

[Read more>>](#)



CLINICIANS' CORNER



Why I Gave up my Medical License

Dr. Jess Peatross

This is a tearjerker for me to write...

It pains my heart to see the direction the west coast medical boards have taken in recent years. EVERYTHING is politicized. Over the last three years, we have witnessed a mass effort to tell half-truths and to purposely fool people into submission.

[Read more>>](#)

PMA's: Reclaim Your Power!

Cindy Azevedo, ND, LAc

It is **We The People** the consent of the governed, who are responsible to uphold the Constitutional Republic and abolish tyranny (even monarchy). As a matter of fact, none of the founding documents, the Declaration of Independence, or the Constitution include the word democracy.

[Read more>>](#)



The Law of Emptiness: A Bioregulatory Interpretation of The Heart Sutra

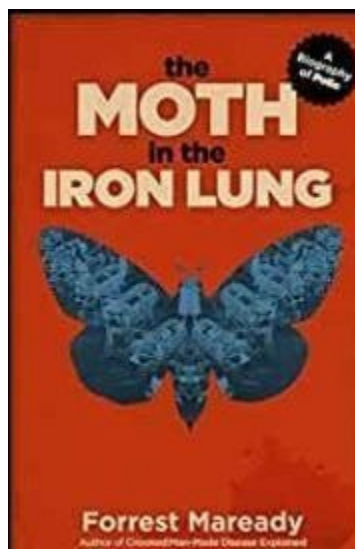
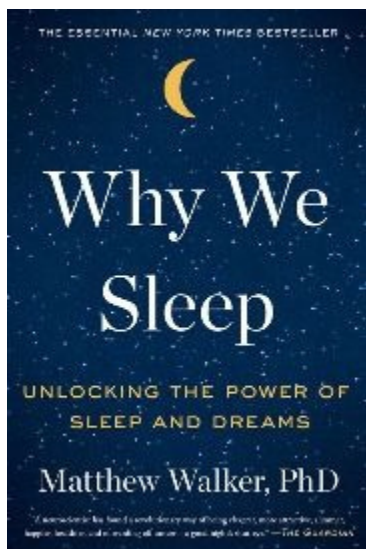
Ian Kennedy, The True Wellness Center

Bioregulatory medicine always seeks the underlying cause of why a person may be in a state of dysfunction, illness, or dis-ease. Symptoms reveal how the body is attempting to heal itself and we know that simple symptom suppression does is only a temporary measure aimed at relief.

[Read more>>](#)



BOOK REVIEWS



Why We Sleep by the neuroscientist Dr. Matthew Walker deeply explores one of the least understood processes of our life – sleep. Until very recently, science had few answers to the question of why we sleep, what good it serves, or why we suffer such devastating health consequences when we do not sleep.

[Click here...](#)

Maready describes The Moth in the Iron Lung as a “biography” of polio—and indeed, it is that. It is also a case study of the intersecting interests—health care, agriculture, insurance, and finance—that have so deeply complicated and compromised our science and medical establishments.

[Click here...](#)

VIDEO RECOMMENDATIONS



Germ Theory: The greatest lie ever told

We often live as though the Germ Theory, is not as stated, a **theory**. In this short video, examination is made on how we have conducted research on how viruses cause disease. Following a true control, as demonstrated by Stephen Lenka, we see that it is likely the terrain in which causes disease. With further debate and exploration, perhaps we will arrive at a better understanding on the true basis of disease.



Crystal ENERGY! The Science, History & Uses!

We are all made of electrons, protons and neutrons and are all in a vibrational state. Molecules in crystals are arranged in repeating patterns that are geometrically perfect. Humans are made up of 60% of water. Because of this, it makes it very hard to keep our vibrational frequency stable. Crystals are universal energies which have their own, very different vibrational frequencies that can help us balance our frequency.

FEATURED PODCAST



The Science of Self-Healing Hosted by Dr. Sharon Stills With David Minkoff

Working with the Body, Not Against It -
Longevity, Cancer, Auto-immune, Wellness
and More! | Dr. David Minkoff

BRMI The Science of Self Healing with Dr. S... FOLLOW SHARE

ist #94 - Working with the Body, Not

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[Listen and rate me on iTunes here!](#) 

Dr. Sharon Stills interviews Dr. David Minkoff, one of the most successful BioRegulatory doctors in the nation on all things longevity, treating cancer and difficult chronic infections in ways that work with the body rather than against the body, and the fundamentals of everyday health to prevent the bigger threats of cancer and autoimmune disease. [Listen here!](#)

[Click here!](#)

UPCOMING EVENTS

UNDERSTANDING TOXICITY AND NEURAL THERAPY TRAINING

WITH DR. RALF OETTMEIER

SAVE THESE DATES IN 2023!

MARCH 9	MARCH 10-11
- PUBLIC LECTURE ON TOXICITY	- 2-DAY NEURAL THERAPY INJECTION TRAINING
- LEARN ABOUT HARMONIZATION	- LEARN TO ORGANIZE YOUR PRACTICE AS A PMA
\$200	\$1000

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HELP SUPPORT FOR OFFICIAL EVENT DETAILS, UPDATES, AND REGISTRATION AT:
HUHINSTITUTE.COM/EVENTS

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SAVE THE DATE!

Dr. Oettmeier is coming to the Human Universal Health Institute (HUH Institute) March 9-11th. On March 9th, Dr. Oettmeier will give a public lecture on toxicity and harmonization. On March 10th and 11th he will be providing an intensive workshop on Neural Therapy that kicks off with information provided by the HUH institute on how to organize a practice as a PMA. This event is also being sponsored by BRMI!

Stay tuned for more information by going to huhinstitute.com/EVENTS. Details should be on the website shortly.

[Click here for more events!](#)

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Feel free to email us! And we now have a [Linktree!](#)



BRMI is a 501c3 Non-Profit Private Foundation, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

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