



Supporting the Science of Self-Healing

July 1, 2022

Issue 33 BRMI E-Journal

- ***The Increasing Incidence of Hepatitis in Children*** by James Odell, OMD, ND, L.Ac
- ***Pfizer COVID Vaccine Safety Varies from Lot to Lot*** by Jennifer Margulis and Joe Wang
- ***Innovative Approaches in Diagnosing and Cleansing of Environmental Toxins*** by Ralph Oettmeier, MD
- ***Mistletoe Extracts and their Use in Oncology*** by Nasha Winters, NMD
- ***Silence*** by Ian Kennedy
- ***Biography: Maximilian Oskar Bircher-Benner*** by James Odell, OMD, ND, L.Ac
- ***Video Recommendations:***
 - ***Virus Theory VS Exosome Theory,***
 - ***The Power of Sound and Frequency-Cymatics***
- ***Book Reviews:***
 - ***Mistletoe and the Emerging Future of Integrative Oncology*** by Steven Johnson, DO, Nasha Winters, ND, FABNO, Adam Blanning, MD, Marion Debus, MD, Paul Faust, MD, Mark Hancock, MD, and Peter Hinderberger, MD, Review by Dr. James Odell (Dr. Nasha Winters will be one of our conference presenters in Scottsdale and will present information on the biological terrain as it pertains to oncology)
 - ***The Iodine Crisis: What You Don't Know About Iodine Can Wreck Your Life*** by Lynne Farrow, Review by Catherine Austin Fitts.
- ***Podcast: INUSpheris: An Innovative Blood Plasma Purification Therapy From Switzerland You Need to Know About*** Frank Oberle

Dear Friend,

Welcome to our 33rd BRMI E-Journal.

The month of July commemorates United States Independence, a day to praise our patriotic and revolutionary ancestors and thank our lucky stars for the freedoms we still share and cherish. Globally, everywhere we look there is concern about the growing level of censorship in government, the overreach of corporate politics, and the potential loss of economic freedom looming over us. The World Economic Forum is threatening to severely limit our economic freedom.

Economic freedom is the fundamental right of every human to control his or her own labor and property. In an economically free society, individuals are free to work, produce, consume, and invest in any way they please. In economically free societies, governments allow labor, capital, and goods to move freely and refrain from coercion or constraint of liberty beyond the extent necessary to protect and maintain liberty itself. Economic freedom significantly affects the health of the populous.

The Human Freedom Index (HFI) published by the Cato Institute is an annual report that evaluates the state of human freedom in 165 countries and territories around the world, representing 98.1 percent of the human population as of 2022. The HFI is a broadly comprehensive measure that encompasses both personal and economic freedom, then merges the two into a single value titled simply "human freedom." The countries with the highest Human Freedom Index scores are widely considered to be among the freest countries in the world. Human freedom is an inherently valuable social concept that recognizes the dignity of individuals. Human freedom enables and empowers people to do as they please, free from constraints or punishments, so long as it does not impinge upon the freedom of another. Human freedom plays a huge role in human progress as well as human health. The report finds a strong relationship between human freedom and democracy. In the last two years, the United States dropped nine points and now qualifies as only the 17th freest country among 162 nations ranked. The plunge from being in the top ten just the year before (at number eight), portends further bad news ahead. The loss of freedoms resulting from governments' responses to the COVID "pandemic" has by any objective measure significantly eroded freedom in America, especially in terms of property, employment rights, and medical freedom.

Logic, reason, and critical thinking have always been our foundational building blocks. One of the most basic principles that was built into the moral fabric of the US was the maxim that although we disagreed, we protected and defended each other's right to express differences of opinion. Where are the artists, playwrights, writers, and journalists who believe in and thrive on our "liberal" values of logic, reason and free speech, free expression, free press, and freedom from government censorship and repression? Where are the voices of our political leaders, especially our representatives in Congress, speaking out for our embattled law enforcement personnel and for preserving our constitutional rights and the American way of life, when it is being eroded little by little all around us? The worst crime that Americans can commit is to be silent because if we remain silent, evil will take over and we will lose our freedom and even our life. The oft-quoted Edmund Burke said, "The only thing necessary for the triumph of evil is for good men to do nothing."

Many of us feel we are awake in an asleep world. It is more important than ever to speak your truth. The world needs more people who help others think and become informed about world situations. Being awakened to hidden realities can cause a feeling of alienation from certain friends and family members. But remember to never stop shining your light as it may transform others' existence out of their darkness. The awakening of one person starts a chain reaction that leads to awakening in others. Always speak your truth with compassion and sincerity.

Because BRMI is a non-commercial, non-profit institute, this empowers us to present uncensored, open forum information and referenced commentaries, and in turn, enlighten our viewers to more than one medical viewpoint. We continue to update our [News Section](#) which includes an abundant resource of recent articles and videos from around the world on current topics related to medical freedom and preventive and therapeutic bioregulatory health. In our news forum, we continue to strive to be a trusted and informed source of factual science-based information for our readers. If there is newsworthy

information relevant to the science of self-healing, do not remain silent, please share and contact me.
Speak out!

We are hosting another BRMI conference/workshop for October 13th to 16th, 2022 to be held at the beautiful Sonesta Suites, Scottsdale, AZ. The title is Clinical Skills for Challenging Times. This will be three full days with 3 workshops, 13 presenters, and amazing vendors. Our presenters currently are (in alphabetical order):

Dr. Gerry Curatola, DDS
Sargent Goodchild Jr.
Ian Kennedy
Kelly Kennedy, LMT
Moirra Lo Bianco
Dr. Robert Milisen, NMD
Dr. James Odell, OMD, ND, L.Ac.
Dr. Ralf Oettmeier, MD (via Zoom)
Dr. Christine Schaffner, NMD
Dr. Marlene Siegel, DVM
Dr. Sharon Stills, NMD
Dr. Dickson Thom, ND, DDS
Dr. Nasha Winters, NMD

The conference kicks off with a free reception on Thursday evening, October 13th with hors d'oeuvres, music, and dancing! The hotel includes breakfast and happy hour drinks. BRMI is providing lunch on Friday and Saturday. For a change of pace, there is a long lunch break on Sunday to try out the neighboring restaurants. As we were sold out last year, we were tempted to secure a bigger space, yet we want to keep this conference intimate as it involves hands-on demonstrations and workshops. In the future, we plan for much larger conferences, more space, and more than once per year! We will keep you updated. The travel to Scottsdale is still affordable (make your plans early,) from almost everywhere, and the rooms are spacious and inexpensive! (Check out our [group rate!](#)) The conference is limited to 50 people so register today! [Here](#) is a link to the website page. On the website, there is a [link to register](#).

We are delighted to have added [Dr. Lawrence Palevsky, MD](#) to our BRMI Advisory Board. Dr. Palevsky is a New York State licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the New York University School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in New York City in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, New York City, from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient, and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic, and integrative pediatric private practice. Dr. Palevsky has been a guest on the BRMI podcast, [The Science of Self-Healing](#), twice. You can also hear Dr. Palevsky on his weekly podcast, [Critically Thinking with Dr. T & Dr. P](#) on Thursday evenings at 7 pm eastern time, and can listen to more of his podcasts and interviews by visiting www.drpalevsky.com.

For our Pioneers of Bioregulatory Medicine website section, we have recently written an extensive biography of [Maximilian Oskar Bircher-Benner](#). Dr. Bircher-Benner was a visionary Swiss physician and early pioneer and advocate of raw plant-based diet. Dr. Bircher-Benner became convinced of the healing powers of fruit and vegetables and conducted numerous nutritional experiments with raw vegetables on himself, his family, and patients. He developed the now internationally famous Bircher Muesli. Muesli means little mush in German, which is a combination of grated, mashed apple, oats, condensed milk, lemon juice, and nuts. Dr. Bircher-Benner knew of the work of Dr. John Kellogg in America, who was 15 years older than him. He implemented many of the therapies that Dr. Kellogg used, such as medicinal baths and various electro-frequency therapies. He sent his son Ralph to intern at Kellogg's Battle Creek Institute. Dr. Bircher-Benner's biography and more than 30 other pioneers of Bioregulatory Medicine may be viewed [here](#).

Please stay tuned to the ongoing biweekly BRMI podcasts hosted by Dr. Sharon Stills, NMD. Dr. Stills has now completed more than 83 exciting and informative podcast interviews. These are all [archived](#).

This E-Journal features the following articles, highlights, and recommendations:

[The Increasing Incidence of Hepatitis in Children](#) by James P.M. Odell, OMD, ND, L.Ac.

[Pfizer COVID Vaccine Safety Varies from Lot to Lot](#) by Jennifer Margulis and Joe Wang

[Innovative Approaches in Diagnosing and Cleansing of Environmental Toxins](#) by Ralph Oettmeier, MD

[Mistletoe Extracts and their Use in Oncology](#) by Nasha Winters, NMD

[Silence](#) by Ian Kennedy

Biography: [Maximilian Oskar Bircher-Benner](#) by James Odell, OMD, ND, L.Ac

Video Recommendations:

[Virus Theory VS Exosome Theory](#)

[The Power of Sound and Frequency-Cymatics](#)

Book Reviews:

[Mistletoe and the Emerging Future of Integrative Oncology](#) by Steven Johnson, DO, Nasha Winters, ND, FABNO, Adam Blanning, MD, Marion Debus, MD, Paul Faust, MD, Mark Hancock, MD, and Peter Hinderberger, MD, Review by Dr. James Odell (Dr. Nasha Winters will be one of our conference presenters in Scottsdale and will present information on the biological terrain as it pertains to oncology.)

[The Iodine Crisis: What You Don't Know About Iodine Can Wreck Your Life](#) by Lynne Farrow, Review by Catherine Austin Fitts

Podcast: [INUSpheris: An Innovative Blood Plasma Purification Therapy From Switzerland You Need to Know About | Frank Oberle](#)

BRMI is a 501c3 Non-Profit Private Foundation. Donors can deduct contributions they make under IRC Section 170. Please visit our [Donation Page](#) if you feel led to contribute.

With your help, BRMI will continue to build an extensive website database, feature podcasts (The Science of Self-Healing), put on conferences and workshops, foster research projects and certify classes, and bring important information to the public, free of charge. This effort is not possible without your generosity. We ask that you introduce BRMI to at least two or more friends and have them sign up for this E-journal and our podcasts.

If you have not signed up to receive our free e-Journal, we invite you to do so. We hope you benefit from our varied resources. Comments and submissions to our e-Journal are always welcome and appreciated. We maintain an active YouTube channel Facebook page, LinkedIn, Instagram, GAB, and post-evidence-based articles and news events daily.

We maintain an active [YouTube channel](#), [Facebook](#) page, [LinkedIn](#), [Instagram](#), and [GAB](#) and post evidence-based articles and news events daily. To make it easier, we have also added a [Linktree](#). We sincerely thank all our viewers for their continued support, comments, and article submissions, and for liking us on social media, weekly podcasts, and our YouTube channel. Feel free to interact with us via social media, or contact me directly at jpmodell@brmi.online.

It is with immense sorrow that we hear of the passing of Dr Vladimir "Zev" Zelenko, June 29th, at age 49 from cancer. Below is his inspiring message and more about this incredible doctor, father, husband, and humanitarian.

We thank you for your interest in Bioregulatory Medicine.

James Odell, ND, OMD, L.Ac.
BRMI Executive/Medical Director
jpmodell@brmi.online

As with any healthcare newsletter, the information in the BRMI e-Journal is intended for educational purposes only

and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI e-Journal.



Dr. Zelenko was a physician, scientist, and activist for medical rights who touched the lives of millions of people. Born into socialist slavery, and then immigrating to the United States, Dr. Zelenko was the embodiment of the American dream; the child of poor immigrants who rose to success as a physician and a businessman. But Dr. Zelenko was more than a physician. As a medical activist and a businessman, he was also a man of deep faith, with incredible love for his family and humanity. He was an Orthodox Jewish enthusiast, married, father of 8 children, and the author of two books, *Metamorphoses* and *Essence to Essence*. Dr. Zelenko was a man of great, subtle humor and deep intellect. In March 2020, Dr. Zelenko's team was one of the first in the country to successfully treat thousands of Covid-19 patients in a prehospital setting. He introduced a three-drug combination of hydroxychloroquine, zinc sulfate, and azithromycin, known as the “Zelenko Protocol”, as part of an outpatient treatment for COVID-19. His now famous “Zelenko Protocol” has saved countless lives around the world all while he personally battled recurrent and metastatic sarcoma and underwent open heart surgery and aggressive chemotherapy. He bravely opposed the media's ruthless defamation of his character and threats against him personally. He will be greatly missed and remembered for his immense contributions to humanity and courage to speak the truth.

Clinical Skills for Challenging Times

October 14-16, 2022

Scottsdale, AZ

Sonesta Suites Gainey Ranch

[Click for more information](#)



BRMI CONFERENCE 2021 TESTIMONIALS!

[WATCH](#)



BRMI
Biorespiratory Medicine Institute

2021 Conference
Scottsdale, Arizona

00:03

The Increasing Incidence of Hepatitis in Children

James Odell, OMD, ND, L.Ac.

A spreading hepatitis outbreak that is killing and hospitalizing hundreds of children has infectious disease experts at a loss to understand its cause or causes. From the standpoint of bioregulatory medicine, disease and patterns of disharmony arise from a combination of factors.

[Read more>>](#)



Pfizer COVID Vaccine Safety Varies from Lot to Lot

Jennifer Margulis and Joe Wang

To date, well over 300 million doses of the Pfizer vaccine have been administered in the United States, according to Statista.com. While millions of people have had these vaccines with only temporary, mild, or even no side effects at all, 1,255,353 reports of adverse events have been concerning enough to be submitted to the American government's data collection system, as of April 29, and at least 300,000 of these reactions appear to be severe..

[Read more>>](#)



CLINICIANS' CORNER

Innovative Approaches in Diagnosing and Cleansing of Environmental Toxicity

Dr. Ralf Oettmeier, MD

We have known for a long time how significant environmental toxins are as disease-causing factors. Since 1950, about 450,000 (Source: KMT Continuing Education Course - Presentation) new chemical substances have entered the environment and their significance for our health, respectively triggering all possible chronic disease and cancer, is still in its infancy.

[Read more>>](#)



Mistletoe Extracts and Their use in Oncology

Nasha Winters, ND, FABNO

Last year, we celebrated the 100 year anniversary of consistently using mistletoe extract as an injection for cancer therapies. Although we have co-evolved with mistletoe and other toxic plants, there is wisdom in these plants that we often underestimate or ignore.



[Read more>>](#)



Silence

Ian Kennedy

There is a whirlwind of noise upon our senses. This leaves many people with little to no ability to become silent, or to tolerate silence. It is easy to notice. How many people walk around with headphones on, earbuds in while talking on the phone, or listening to music, podcasts, or audiobooks instead of reading in silence?

[Read more>>](#)

BIOGRAPHY: Maximilian Oskar Bircher-Benner, MD

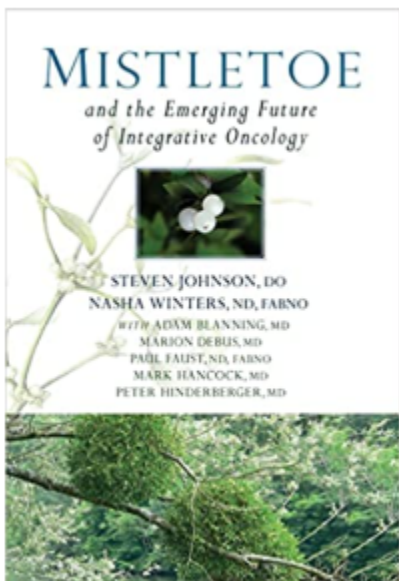




Dr. Bircher-Benner was a visionary Swiss physician and pioneer of bioregulatory medicine. He dedicated his life to natural self-healing therapies and was an early advocate of a raw plant-based diet. He created a unique clinic that featured numerous forms of physical therapies and detoxification treatments. He believed that finding spiritual peace was key to a healthy life and mind.

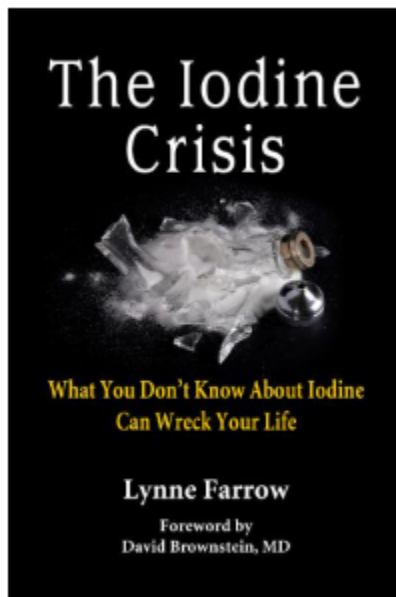
[Read more>>](#)

BOOK REVIEWS



This fascinating and informative book was structured following the syllabus for a three-day practitioner training hosted by the Physicians' Association for Anthroposophic Medicine (PAAM).

The chapters highlight several key lectures in a condensed form. The book is constructed as a journey and is ideal to read in its entirety. All 12 chapters are brilliantly written by a different

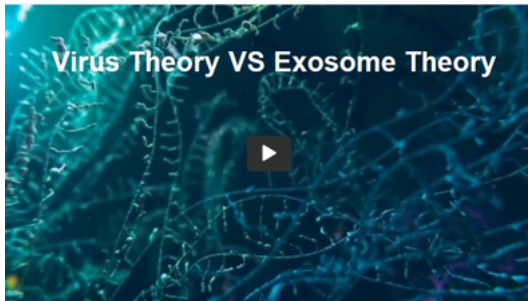


Long ago, I heard an interview of four doctors discussing iodine's relationship to breast cancer. Inspired, I got myself a bottle of iodine and started taking drops in water. The next time I got lumps on my breast, something that usually happened once or twice a year, I spread the iodine topically on the area. The lumps went away. I have done this countless times over the last two decades. I am convinced if I had instead gone to get a check-up and a mammogram, I

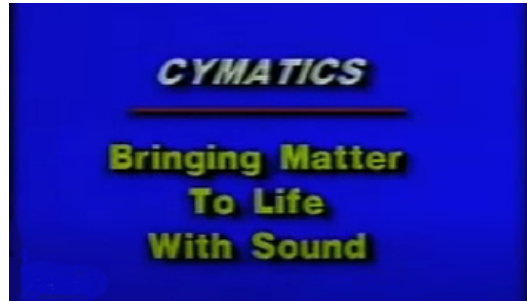
physician, each with an extensive background in the uses of mistletoe in oncology.

would likely be dead from surgery, radiation, and chemotherapy—or certainly bankrupt. .

VIDEO RECOMMENDATIONS



"A very short video that briefly explores the unseen power of sound and frequencies. Many people don't realize the power, influence and effect frequencies have on our minds, emotional, physical and most importantly spiritual condition."



Featuring Dr Andrew Kaufman, Dr Thomas Cowan, and Dr Stefan Lanka's work, this film endeavors to put an end to the Germ Theory of Disease. Obviously this is supported in bioregulatory medicine.

FEATURED PODCAST

The Science of Self-Healing Hosted by Dr. Sharon Stills With Special Guest Frank Oberle

Podcast # 37 - INUSpheresis: An Innovative Blood Plasma Purification Therapy From Switzerland You Need to Know About | Frank Oberle

[Listen and rate me on iTunes here!](#)

This is one of our most popular podcasts. The process of INUSpheresis allows for large quantities of toxins to be removed from the body very effectively by purifying blood plasma, and even more so by preceding this with a treatment involving toxin-binding substances known as chelates. A special “blood-plasma filtration process” known as INUSphere® has been developed to swiftly and effectively eliminate

Check out the other amazing podcasts!

[Click here!](#)

FIND US ON SOCIAL MEDIA!



Feel free to email us! And we now have a [Linktree!](#)



BRMI is a 501c3 Non-Profit Private Foundation, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

Copyright © *|2022|* *|Bioregulatory Medicine Institute is a 501c3 Non-Profit Private Foundation|*, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).